

# EXPEDITION

## CRUISING OVERVIEW

Antarctica | Northwest Passage & Arctic Canada  
Svalbard | Greenland & Iceland | Arctic Traverse  
Norway | Alaska | North America | Caribbean &  
Central America | South America | British Isles | Europe



**AUTHENTIC, SUSTAINABLE, ADVENTURE**  
LEARN HOW HURTIGRUTEN IS LEADING  
THE WAY IN EXPEDITION TRAVEL



© HURTIGRUTEN

## Sustainable expeditions from pole to pole

Dear Fellow Explorers,

I am so happy to present you with this overview of our company and our expedition cruises, which will take you to the world's most spectacular coastlines aboard the most sustainable expedition ships ever built. Whether you are spotting polar bears in the Arctic, witnessing the northernmost active volcano on Earth, or witnessing a Solar Eclipse in the South Orkney Islands before or after exploring remarkable Antarctica, I promise you life-affirming voyages and experiences in the polar regions—and beyond—you will never forget!

Depending on the destination and itinerary you choose, you may find yourself sailing aboard the world's first hybrid electric-powered expedition ship, MS Roald Amundsen, or with her newly launched sister ship, MS Fridtjof Nansen. You'll travel aboard all our small ships safely and with confidence with our recently updated Health & Safety protocols.

These innovative, energy-efficient vessels are important milestones in our 127-year legacy. Their 'green' technology takes us leaps forward in our quest to offer you zero-emission expedition cruises.

For our guests, knowledge is a key part of exploration, and on Hurtigruten expedition voyages, you'll not only see and experience a destination, but learn about and truly understand its geography, wildlife, and even its environmental challenges. You'll likely spend many fascinating hours in the Science Center, engaging in hands-on Citizen Science projects and listening to engaging and pertinent lectures delivered by the expert Expedition Team members.

As you discover these amazing destinations with us, we hope you will be moved to share your experience with others. The more awareness there is about these fragile, remote destinations, the more it will help promote work to preserve and protect these pristine environments. I'm proud of how Hurtigruten implements eco-friendly practices on board, such as adopting green fuels to lessen our emissions and banning single-use plastic to help save the single biggest threat to our oceans.

On behalf of all of us, I warmly invite you to join us on an expedition cruise that combines a love of nature with meaningful scientific insight. Together, we'll explore breathtaking coastal regions, learn about local communities, and spot wildlife in their natural habitats.

By the end of your voyage, I am sure you will feel refreshed, uplifted, and inspired by this world's many wonders, and motivated to do all you can to protect them.

We look forward to welcoming you on board soon.

Daniel A. Skjeldam  
CEO Hurtigruten  
August, 2020

### BOOK YOUR EXPEDITION TODAY

Call your travel advisor or book online:

**CALL: +1 (800) 323-7436**  
**ONLINE: [HURTIGRUTEN.COM](https://www.hurtigruten.com)**

“The future of exploration travel relies on stricter regulations and green technology. That's why we have chosen to lead by example and put sustainability at the core of every part of our operations.”

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SHAYNE / HURTIGRUTEN

From the naming ceremony of MS Roald Amundsen in Antarctica 2019

# EXPLORE THE WORLD WITH US



## Northwest Passage & Arctic Canada

Expect the unexpected as we aim to journey through the legendary Northwest Passage or attempt to circumnavigate Baffin Island.

## Alaska

Explore Gold Rush history, Native American culture, and amazing nature and wildlife on a cruise through Alaskan wilderness.

## North America

Experience iconic highlights and landmarks as well as historic cities and sites as we sail along the coast of North America.

## Caribbean & Central America

Embark on cruises to visit beautiful islands and beaches, experience exciting cultures, and transit the Panama Canal.

## South America

Join us as we visit remote towns, lush rainforests, and sites of ancient civilizations and long-lost cultures in beautiful South America.

## Antarctica

Sail in the wake of great explorers and embark on an adventure to the end of the Earth, the immense and inspiring Great White Continent.

NORTHWEST PASSAGE & ARCTIC CANADA

ALASKA

NORTH AMERICA

CARIBBEAN & CENTRAL AMERICA

SOUTH AMERICA

ANTARCTICA

ARCTIC TRAVERSE

GREENLAND & ICELAND

BRITISH ISLES

EUROPE

SVALBARD

NORWAY

## Svalbard

Enter expedition mode as we sail into the realm of the polar bear through the sea ice on an attempt to circumnavigate the Svalbard Archipelago.

## Arctic Traverse

Journey through Arctic beauty and untouched wilderness as we go island hopping through highlights such as Iceland, Svalbard, Jan Mayen, Scotland, and the Faroe Islands.

## Greenland & Iceland

Welcome to a world of glaciers and icebergs. Greenland offers Inuit culture and communities, and in Iceland you can experience Viking heritage and volcanoes.

## Norway

Explore new and favorite destinations with the experts as we sail the beautiful fjords under the Midnight Sun or the Northern Lights, with magnificent mountains as backdrops.

## British Isles

Discover UNESCO World Heritage Sites, Viking heritage, Victorian architecture, and spectacular castles as we sail along the rugged coastline of the British Isles.

## Europe

Experience incredible diversity as we visit historic cities, explore lovely Atlantic islands, and discover cultural highlights along the western coast of Europe.

# PUSHING BOUNDARIES SINCE 1893

—Our heritage of exploration creates a living legacy for today's expeditions.



© SUSAN CARL - GUEST IMAGE

**Captain Richard With** establishes the steamship service to link northern and southern Norway—Hurtigruten.



© HURTIGRUTEN

## The 'Sports Route'

Hurtigruten starts the 'Sports Route' between Hammerfest and Spitsbergen. Captain With ships his hotel, Turisthotellet, to Spitsbergen from Trondheim, pioneering the travel industry in Svalbard.



© NATIONAL ARCHIVES - THE VDS ARCHIVE

## The Northwest Passage

Roald Amundsen becomes the first to navigate the Northwest Passage with the polar explorer ship Gjøa.



NSGA IMAGE BY JEFF SCHWALTZ



© DANIELA SKJELDAM

## To Antarctica

Hurtigruten starts expedition cruises to the Antarctic Peninsula.

## Climate Voyages

Hurtigruten begin their Climate Voyages to Svalbard to enhance knowledge about the Arctic.



© CAMILLE SEGAMAN

## 125 years

Hurtigruten celebrates its 125-year anniversary and announces the ban of single-use plastic on board and onshore.

## Hybrid future

Hurtigruten launches the world's first hybrid powered expedition ships: MS Roald Amundsen in 2019, and MS Fridtjof Nansen in 2020, to open a new era in greener exploration.



© HURTIGRUTEN

## Expedition cruises in Norway

Our new cruises starting from Dover, Hamburg, and Bergen take guests to handpicked highlights and hidden gems of Norway.

## New destinations

Hurtigruten announces a wide variety of new destinations in the British Isles, the Caribbean, Central America, and Europe.



## The Original Fram

departs on her second expedition to Greenland and Arctic Canada under the leadership of former Hurtigruten captain and explorer Otto Sverdrup.



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© NASJONAL BIBLIOTEKET

## Roald Amundsen

and his team used Fram to cross the Ross Sea and become the first humans to set foot on the Geographic South Pole.

## Svalbard

Hurtigruten makes the summer service to Spitsbergen available once again, this time with MS Nordstjernen.



© TRYM IVAR BERGSMO

## New MS Fram

Hurtigruten's expedition ship MS Fram completes her maiden voyage to Greenland.



© BIRGIT DÖHLIN - GUEST IMAGE



© KANSJEN BUDSTRUP

## Exploring even further

New expedition cruises to Alaska and Canada are available.

## Refurbishment

MS Finnmarken was refurbished in 2020 to meet Hurtigruten's new standards. The ship will be renamed (in 2021) to MS Otto Sverdrup, and will be equipped with three restaurants, a Science Center, and a new gym and wellness area.



© HURTIGRUTEN

# A FOOTPRINT WE ARE PROUD OF

## Travel and explore in a more caring and sustainable way

Our history and traditions call on us to explore in the most sustainable way possible, introduce green technology, advocate stricter regulations, fight overtourism, and support local communities. Our goal is to achieve emission-free operations, and we

are taking important steps to get there. We have adopted the UN Sustainable Development Goals as our guide to offer you the greenest and most advanced expedition voyages on Earth.

© INGRID JACHER - GUEST IMAGE

### Green technology

Innovation has been at the heart of Hurtigruten for over 125 years. In 2019 we launched the world's first hybrid electric-powered expedition ship, MS Roald Amundsen, and in 2020 her sister ship Fridtjof Nansen followed.



### Cleaner fuel

We will be the first expedition cruise line to power our ships with liquified biogas (LBG) – a fossil-free, renewable fuel produced from organic waste, including waste matter from local fisheries. LBG has strong environmental advantages because it is a non-fossil fuel source that doesn't add to climate change or lead to food insecurity. Hurtigruten is also actively advocating a ban on polluting and toxic heavy fuel oil (HFO) worldwide.

**HEAVY FUEL OIL**

We banned heavy fuel oil in our ships a decade ago, and are currently advocating for a world-wide ban.

### LESS PLASTIC

**32**  
TONS ↓

We estimate that we remove 32 tons of single-use plastic every year.

### Banning single-use plastic

Everything from straws and drinking glasses to plastic bags were removed or replaced on all our ships and in our restaurants and hotels. We replaced single-use plastics with sustainable alternatives and are constantly working to reduce our waste overall.



### Protecting Arctic wildlife

With over 125 years of explorer heritage, Hurtigruten is dedicated to preserving and protecting the areas we explore. We observe wildlife at a distance to preserve natural behavior, and do so with the utmost respect for their welfare and habitat. Through science, research, and education, Hurtigruten and our guests contribute directly to increasing understanding and preserving animal life.



### Making a difference

The Hurtigruten Foundation was established to ensure that our guests of tomorrow can enjoy the same meaningful travel experiences our guests do today. The Foundation supports a wide variety of projects, such as studying whale populations, fighting marine pollution, supporting beach clean-ups, and other local initiatives. The Hurtigruten Foundation is funded through onboard activities, for example, our Green Stay Program, and donations.



© ANDREA KLAUSSNER

### Caring cooperations

Hurtigruten believes in leading by example, and we encourage cooperation through the travel industry for a greener future. We take an active and leading role as a member of several networks, such as the International Association of Antarctic Tour Operators, Clean Up Svalbard, Arctic Marine Ecosystem Research Network, Svalbard Environmental Protection Fund, and Association of Arctic Expedition Cruise Operators, promoting safe and environmentally responsible travel.

### CLEAN-UPS



Since 2018, we've invited our guests to join us in removing litter at our destinations, where possible. We're proud to have cleaned up several tons of marine litter.





# EXPECT THE UNEXPECTED

When you embark on an expedition with us, you'll be traveling to some of the most remote and pristine places on our planet. An expedition cruise with Hurtigruten offers an adventure to beautiful coastal areas where nature is at its most pristine, where wildlife roam free, and where the elements rule. And we wouldn't have it any other way.

We travel during the time of year when the seasonal climate in our various destinations is

— An adventure is characterized by two things: journeying into the unpredictable and adapting to the elements. You'll experience both on your expedition cruise.

usually at its best. That said, no one can say for sure what the weather or sea conditions will be like each day of your voyage. For explorers like you, though, that element of uncertainty only adds to the excitement of your expedition into the unknown.

Exploring the seas of the world for more than a century, we've learned to respect and work with nature, not against it. The further we sail off the beaten track, the more flexible the itinerary. If wind, fog, or glacier

ice blocks our way, like true adventurers, we simply find the safest way through it or around it, taking you to other spots for equally unforgettable experiences.

It is this unpredictability and adaptability that are at the core of any adventure, and what makes it so different from a standard cruise. Come aboard, set sail with us into nature, and expect the unexpected.



"On an expedition in Antarctica, a sudden change in weather led to strong wind and waves, making it impossible to get to the destination for a planned landing. After consulting with our knowledgeable and experienced Expedition Team, I decided to turn the ship around and sail into Wilhelmina Bay instead. It turned out great! There was no wind, the sun was shining, and the sea was calm and teeming with whales. We put the small boats (RIBs) on the water, and our guests had an unforgettable experience. These are the things you just can't plan for, and that's what being on an expedition with a flexible itinerary is all about."

*Kai Albrigtsen, Captain  
MS Roald Amundsen*

# GET READY FOR YOUR ADVENTURE

— Relax, discover, and learn from the moment you step on board. We've created fascinating events and opportunities to learn during your entire voyage, designed to help you get the most out of your expedition.



## INCLUDED IN YOUR EXPEDITION



© ANDREA KLAUSNER

### Expert guiding with the Expedition Team

The Expedition Team members are specialists in their field, selected for your specific voyage and itinerary. They will join you on included activities, host lectures, and lead educational sessions on board and ashore.

### Activities on board and on shore

Join us on a series of included activities designed to immerse you in your destinations, including small-boat (RIB) cruising and onshore exploration.

### Lectures and happenings in the Science Center

In depth lectures on history, wildlife, glaciology, culture, climate change, and sustainability. Destination-specific themes will provide context to your expedition cruise and help you better understand the destinations you visit.

Enjoy casual opportunities to engage with the Expedition Team, including a welcome event and a daily evening gathering to recap and prepare for the day to come.



© AGURTANE CONCELLON

Photo and footage from your cruise shared in an Expedition Logbook after your voyage.

Opportunities to dine with the Expedition Team and interact with officers.

Free introductory photo lecture, camera adjustment, tips, and tricks.

Learn from educational sessions about the environment and take advantage of our onboard library.

### Relax and renew in maximum comfort



Two hot tubs, a sauna, and a fitness room

© OSCAR FARRERA

Outdoor pool  
Only on MS Roald Amundsen and MS Fridtjof Nansen

### Food and beverages with an international twist

Breakfast, lunch, and dinner. Specially selected wine and beer, sodas, and mineral water in the restaurants during lunch and dinner. Tea and coffee are available throughout the day.



© AGURTANE CONCELLON

### Loan of equipment on hikes and activities

A small selection of gear, such as trekking and rubber boots, will be available for loan depending on the season and the destination.

### Extras to make your voyage even better

You will receive a complimentary wind- and water-resistant jacket and a reusable water bottle. Enjoy free Wi-Fi\*. At the end of each expedition there will be a farewell event.



\*Access may be limited because of the remote waters in which we sail.

© DAN & ZORA AVILA

# EXPLORE WITH THE EXPERTS

—Hurtigruten is an expert in every aspect of expedition travel. On our journeys, you benefit from the skills of a full Expedition Team, who serve as your hosts, lecturers, instructors, teachers, and guides.



“Each day at work is different depending on the destination, but our task is always the same: As the Expedition Team, we plan and lead our guests through landings and activities. When we go ashore, we spread out and position ourselves where we need to be. We then get ready to guide, answer questions, and educate our guests about the things we experience. We also interpret what we see so that they can encounter wildlife and have the adventure of a lifetime. I get to be a part of a team that loves their work, and we’re lucky enough to share amazing natural experiences with our guests in some of the most pristine areas of the world.”

*Karin Strand,  
Expedition Leader and  
Godmother of MS Roald Amundsen*



THE EXPEDITION TEAM MEMBERS ARE YOUR HOSTS ON BOARD AND ASHORE

## Passion and knowledge

Our Expedition Team members have something in common—they are all skilled and passionate about sharing their knowledge. These experts are selected to help you get the very best out of each place we explore.

On board, they present lectures to help expand your understanding. They offer you in-depth lectures on history, climate change, sustainability, wildlife, Earth science, culture, and other destination-specific themes.

## Close encounters

The Expedition Team takes you out on small-boat (RIB) cruises and ashore to get close to the remarkable places you’ve learned about on board, while making sure we never disturb fragile wildlife and nature.

## Meaningful relationships

Our Expedition Team members value the importance of cultural exchange and meaningful relationships with the vulnerable, remote communities we visit to ensure we are traveling responsibly and sustainably.



Our Expedition Team members are certified by IAATO (Association of Antarctic Tour Operators, [iaato.org](http://iaato.org)) and AECO (Association of Arctic Expedition Cruise Operators, [aeco.no](http://aeco.no)).



EXPAND YOUR HORIZONS, AND LEARN MORE ABOUT FASCINATING SUBJECTS WITH LECTURES, ACTIVITIES, AND LANDINGS

# TAKE PART IN OUR EXPLORER SCIENCE SESSIONS



OUR BLUEYE UNDERWATER DRONE ALLOWS YOU TO SEE WHAT'S HAPPENING BELOW THE SURFACE ON YOUR DEVICES IN BRILLIANT HIGH DEFINITION (HD) © GENNA ROLAND



THE EXPEDITION TEAM MEMBERS ARE EAGER TO SHARE THEIR KNOWLEDGE © AGURTXANE CONCELLON

— Exploring the natural marvels of our planet with Hurtigruten is more than just exciting. It's an opportunity to gain a deeper understanding of the world we share.

### The joy of learning

Our expedition ships are the perfect platforms for scientific learning and engaging sessions. Come and find out how to learn more in the Science Center.

### Be an ambassador for conservation

We invite you to participate in interesting activities to gain a greater knowledge of the regions you explore. Hopefully, you will become a true

ambassador and return home to champion the protection of our planet's most fragile ecosystems.

*Our signature Science Center is packed with state-of-the-art technology and high-tech tools that enhance your journey.*

### Expand your knowledge

- Comprehensive and interesting lectures.
- Opportunities to interact with the Expedition Team in our advanced Science Center.
- Citizen Science projects allow you to contribute meaningfully to science by aiding the work of scientific organizations around the world.
- Opportunities to meet and discuss with scientists as they conduct collaborative science sessions on board and ashore on select cruises.

### Available on MS Roald Amundsen and MS Fridtjof Nansen, hands-on learning:

Touch tables, Light-Emitting Diodes (LED) Walls, and pan-tilt-zoom (PTZ) cameras with automatic lecturer tracking, streaming all lectures directly to the TV in your cabin.

### — The hub of education and information

The versatile Science Center is the heart of each ship's scientific and educational activities.

From here, the Expedition Team will lead you in activities like wildlife spotting on the observation deck, and you can take advantage of our

destination-focused library. For photo enthusiasts, we host an onboard photographer, who gives instructional sessions and helps with camera settings and adjustments. We schedule Citizen Science projects that contribute in a very real way to

key scientific understanding. In the adjacent lecture hall, the Expedition Team will host interesting lectures on geology, history, biology, geography, glaciology, photography, and oceanography.



© HURTIGRUTEN

"The places we explore are fantastic—full of life and scientific phenomena that you don't find anywhere else. That's why our Science Center and lectures are so great for our guests. They take you even deeper into the destination and open up a whole new world."

*Dr. Verena Meraldi  
Chief Scientist*



© OSCAR FARRERA



Rendering of Science Center aboard MS Fridtjof Nansen and MS Roald Amundsen

- 1 Multi-purpose area** for larger samples and Citizen Science projects.
- 2 Wet area** for presenting and preparing samples.
- 3 Library** including touch table and Expedition Team members desks.
- 4 Laboratory** equipped with microscope tables.
- 5 Creative center** meeting space.
- 6 Lecture hall** for talks led by the Expedition Team.
- 7 Observation deck** for guiding, observation, and sample tests.

# JOIN OUR EXCURSIONS TO EXPERIENCE EVEN MORE



— With so many adventures to choose from, you're sure to find something that suits you.

CAMPING IN ANTARCTICA

© STEFAN DALL

## What would you like to do?

Have you dreamt of sleeping in a tent in Antarctica, traversing a glacier in Svalbard, or soaking in geothermal hot springs in Iceland? How about taking a guided hike with stunning vistas and discovering diverse cultures? These are just some of the amazing adventures you can have to fully experience the destinations you visit on a Hurtigruten expedition cruise.

There are a wide selection of exciting, optional excursions to choose from on a Hurtigruten expedition cruise. No matter your activity level or interest, you will find something that suits you—so you can explore your destination in the best possible way.

The world awaits you. Explore it.

Optional excursions are available at an additional cost, and subject to availability.



TOTEM POLE, ALASKA



HIKING, FAROE ISLANDS



COFFEE VISIT, GREENLAND



GLACIER TRAVERSE



MYVATN NATURE BATHS, ICELAND



STANLEY, FALKLAND ISLANDS



LOUISBURG, CANADA

# RELAX AND RENEW

A Hurtigruten expedition cruise features superb onboard facilities in our Wellness Center that are designed to help you stay active and rejuvenate you for the next day's adventures. Aboard our new electric-powered ships, you can work out in our indoor gym and indulge in luxurious spa treatments as you explore.



© SHUTTERSTOCK



© OSCAR FARRERA

## Stay in shape—inside and out

Our ships come equipped with excellent indoor and outdoor workout facilities, featuring advanced equipment.

### Training with scenery

Tone up in our indoor gym, featuring SKILLMILL™ equipment, rowing machines, fitness bikes, training stations, and free weights. Or enjoy our outdoor gym and the just under one-tenth of a mile outdoor running track, where you can work out in the fresh air while watching beautiful scenery glide by. In warm waters, many of the voyages offer daily yoga, tai chi, and meditation classes on deck with a professional instructor, providing an opportunity for an inner journey as well.



© OSCAR FARRERA



© NILS LUND



© ANDREA KLAUSNER

## A wealth of relaxing treatments

Our expedition cruises are dedicated to satisfying all your senses. In the Wellness Center, you will find highly trained massage therapists ready to welcome you to a wide variety of relaxing services and treatments that were designed to help you recover, relax, and rejuvenate.

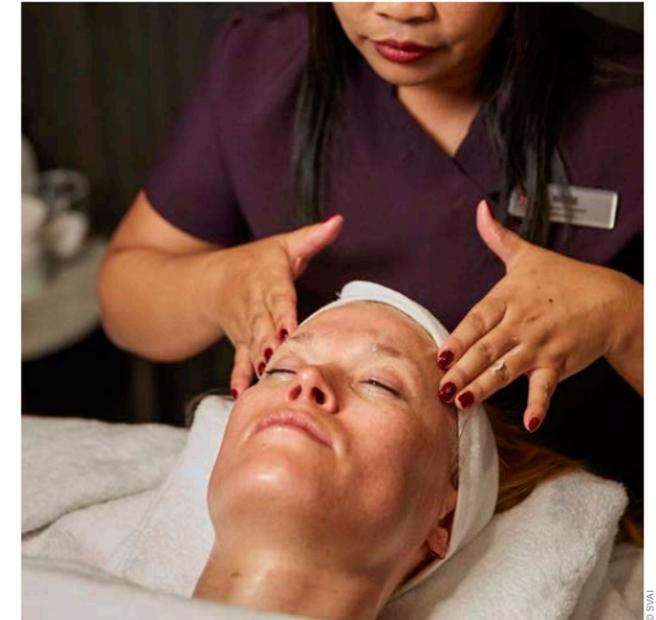
### Rejuvenate and refresh

After an exciting day of exploration or during a peaceful day at sea, there's nothing like indulging in a relaxing massage or spa treatment. Let our well-trained massage therapists welcome you to a luxurious and beneficial experience, such as an aromatherapy body massage,

a tension-release treatment for your arms and feet, or the specially created Hurtigruten Signature treatment.

### Sauna

The elegant onboard sauna offers a scenic view.



© SVAL



© SVAL

## Indulge yourself in spectacular waters

Swim, soak, and truly relax among some of the most sublime scenery on Earth.

### Limitless horizons

Swim in our infinity pool or soak in one of two hot tubs, offering amazing views of glaciers, icebergs, and wildlife.



© SVAL

# EXPLORE A WORLD OF FLAVORS



— Your voyage in a new and exotic destination isn't just about the sights and sounds. It's a feast for all your senses. To delight your taste buds, our team of talented onboard chefs create sumptuous fare.

Enjoy superb dining from locally and regionally sourced produce, adding a delicious dimension to your travel. Whether you choose to dine in the main onboard restaurant or upscale to the à la carte fine-dining option, you'll find the cuisine varied, inspired, and downright delicious.

**Cultural cuisine**  
Exploration is about opening our minds to new customs, our eyes to new landscapes, and, yes, our mouths to new tastes. For a long time, our famed

Norway's Coastal Kitchen has been a success on our Classic Coastal Voyages, serving fresh produce from local suppliers along the Norwegian coastline. Starting with the Arctic 2021 season, this procedure will be added to our expedition cruises worldwide, allowing our onboard restaurants to create delicious cuisine made from ingredients from the areas we explore.

Our chefs may utilize unique herbs and spices or adopt traditional cooking techniques

from the area, all to add authentic, local gastronomy to the meals they prepare for you on board. You can also expect some favorite Norwegian recipes on the menu, handed down through generations and a fitting homage to our long sea-faring heritage.



**Local flavors**  
Our chefs craft dishes that reflect the cuisine of the region we are sailing in, immersing you in the culture even more.



**Plant-based**  
A range of tasty plant-based dishes are integrated as essential options into all our menus.



**Regional suppliers**  
Sourcing produce from some of the regions we visit, enhances your travel experience and supports these local communities.



**Inspirational lectures**  
The Expedition Team delivers themed lectures on how food and sustainability go hand in hand, and often organize tasting sessions out on deck and during landings.



**Tasty excursions**  
Join excursions to nearby farms, fisheries, or vineyards, each offering a fascinating foray into the culinary customs of the region.

# A NEW ERA IN EXPLORATION TRAVEL

## MS Roald Amundsen & MS Fridtjof Nansen

MS Roald Amundsen sails to: Antarctica, the Northwest Passage & Arctic Canada, the Caribbean & Central America, North America, and South America

265 outside cabins and suites  
50% private balconies  
Science Center  
Observation decks  
Three restaurants:  
Aune, Fredheim, and Lindstrøm  
Infinity pool  
Two hot tubs  
Sauna with floor-to-ceiling windows  
Gym and fitness room  
Wellness Center  
Small boats (RIBs)  
Ice Class PC-6

MS Fridtjof Nansen sails to: Antarctica, Arctic Canada, Greenland & Iceland, the Caribbean & Central America, North America, South America, and Europe

Our pioneering heritage creates a natural commitment to caring for the future of our planet. Welcome to the greenest and cleanest expedition ships ever built.

These new ships have been designed for unforgettable expeditions, embodying the spirit of Norwegian polar heroes Roald Amundsen and Fridtjof Nansen. From the innovative hybrid electric-powered engines that enable you to glide into pristine wilderness to the elegant modern cabin furnishings, every detail is created with your adventure in mind.



**SCIENCE CENTER**  
The *Science Center* serves as the learning and social hub of your expedition. This is where you'll find our expert Expedition Team members, who host lectures, lead amazing landings, and answer all your questions during your fascinating journey.

With the launch of our two hybrid electric-powered ships, Hurtigruten has turned the page to a new chapter in advanced and sustainable discovery. Explore the world in maximum comfort with maximum care for the environment.

## MS Fram

MS Fram sails to: Antarctica, Greenland & Iceland, the Caribbean & Central America, North America, and South America

125 cabins and suites  
Science Center  
Observation decks  
Two restaurants:  
Aune and Lindstrøm  
Two hot tubs  
Sauna and fitness room  
Small boats (RIBs)  
Ice Class 1B

Purpose-built for polar conditions, and with fewer than 250 guests on board, this expedition ship is ideal for the most adventurous travelers, exploring remote areas few other ships can reach. MS Fram offers a truly unique, friendly, and casual atmosphere, with a strong focus on the thrill of discovery.

## MS Spitsbergen

MS Spitsbergen sails to: The British Isles, Arctic Traverse, and Svalbard

90 cabins and suites  
Science Center  
Observation decks  
Restaurant Aune  
Two hot tubs  
Sauna and fitness room  
Small boats (RIBs)  
Ice Class 1C

Launched in 2016, MS Spitsbergen takes you far beyond the ordinary in polar waters. Get closer to the natural and cultural wonders of the Arctic on expeditions that take full advantage of the vessel's size and agility. This ship is a true specialist in Arctic waters, ideally constructed to maximize your polar experience.

**HYBRID  
POWERED**



SISTER SHIPS MS FRIDTJOF NANSEN AND MS ROALD AMUNDSEN



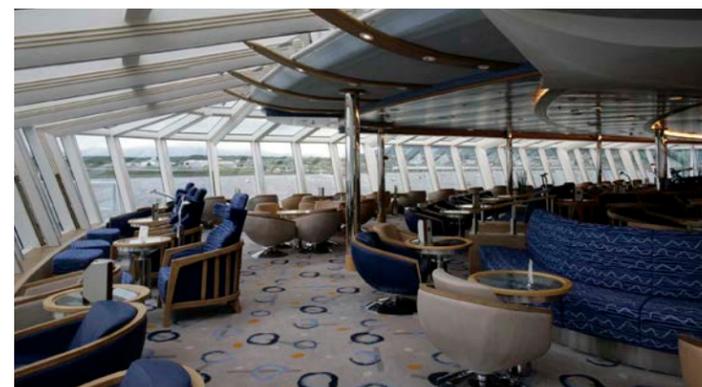
INFINITY POOL, TWO HOT TUBS, AND EXPLORER BAR



RESTAURANT LINDSTRØM



MS FRAM



EXPLORER LOUNGE & BAR



MS SPITSBERGEN



EXPLORER LOUNGE

# A NEW ERA IN EXPLORATION TRAVEL

## MS Maud

MS Maud sails to: Norway, The British Isles, and Scandinavia

264 cabins and suites  
Science Center  
Observation decks  
Three restaurants:  
Aune, Fredheim, and Lindstrøm  
Two hot tubs  
Sauna and fitness room  
Small boats (RIBs)

MS Maud, previously named MS Midnatsol, is named after one of the most famous polar vessels of all time, Roald Amundsen's 'Maud' from 1917. MS Maud is designed to take you on explorations in maximum comfort, equipped for a memorable expedition.

## MS Trollfjord

MS Trollfjord sails to: Norway

267 cabins and suites  
Science Center  
Observation decks  
Three restaurants:  
Aune, Fredheim, and Lindstrøm  
Explorer Lounge & Bar  
Two hot tubs  
Sauna and fitness room  
Small boats (RIBs)

MS Trollfjord is named after spectacular Trollfjord in the Lofoten Islands, and provides exquisite indoor comfort, modern facilities, and interior design that makes extensive use of Norwegian wood and stone.



AUNE RESTAURANT MS MAUD



MS TROLLFJORD



GRAND SUITE MAUDE



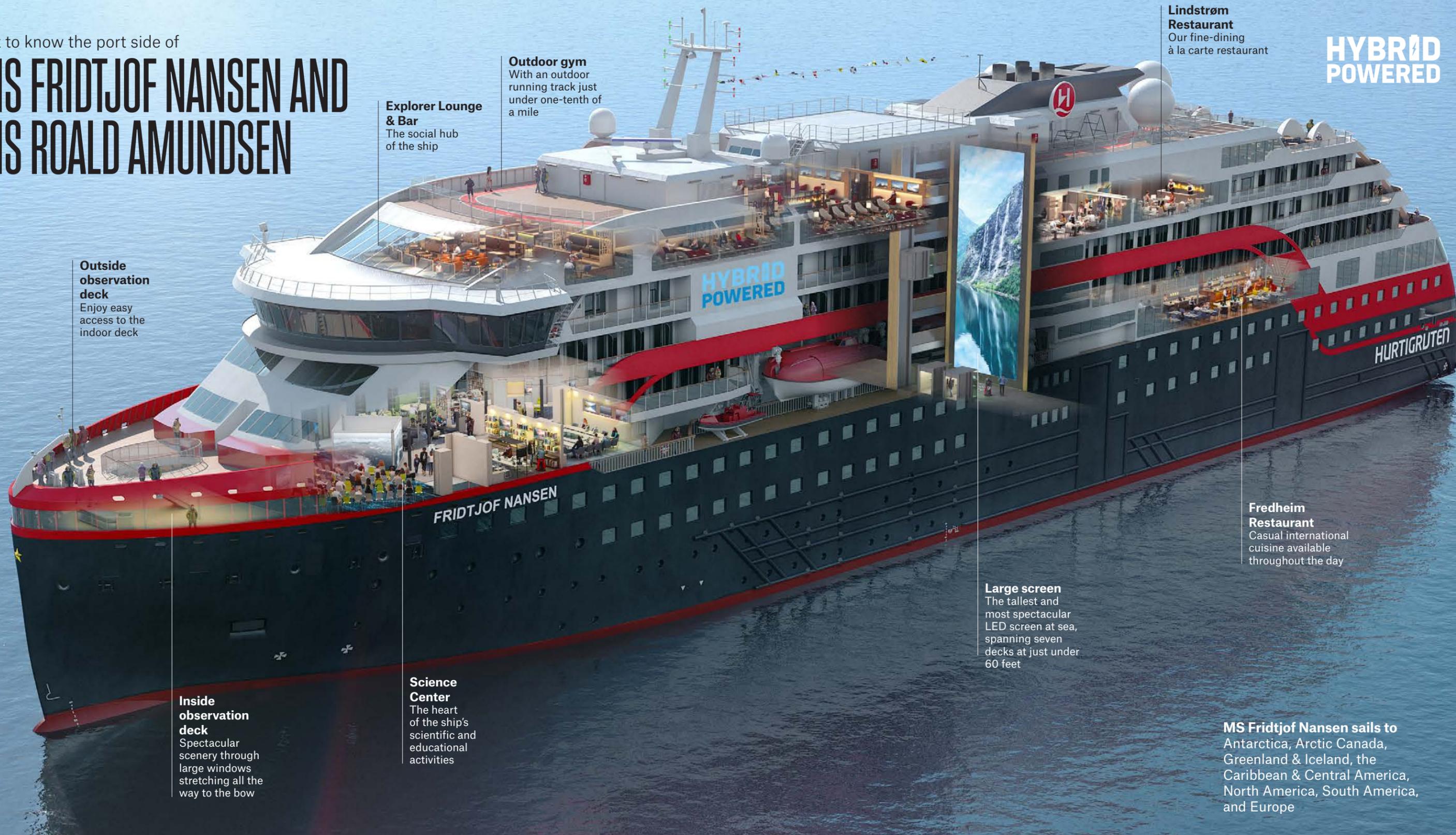
SAUNA MS TROLLFJORD



Get to know the port side of

# MS FRIDTJOF NANSEN AND MS ROALD AMUNDSEN

## HYBRID POWERED



**Lindstrøm Restaurant**  
Our fine-dining à la carte restaurant

**Outdoor gym**  
With an outdoor running track just under one-tenth of a mile

**Explorer Lounge & Bar**  
The social hub of the ship

**Outside observation deck**  
Enjoy easy access to the indoor deck

**Fredheim Restaurant**  
Casual international cuisine available throughout the day

**Large screen**  
The tallest and most spectacular LED screen at sea, spanning seven decks at just under 60 feet

**Science Center**  
The heart of the ship's scientific and educational activities

**Inside observation deck**  
Spectacular scenery through large windows stretching all the way to the bow

**MS Fridtjof Nansen sails to**  
Antarctica, Arctic Canada, Greenland & Iceland, the Caribbean & Central America, North America, South America, and Europe

Every aspect of our new hybrid-powered ships are designed to enhance your expedition cruise. Get to know the highlights of the greenest expedition cruise ships ever built.

**Inside and outside observation decks**  
These are the only cruise ships in the world that offer inside observation decks with windows that stretch all the way to the bow, offering spectacular views, no matter the conditions. When weather permits, the outside observation deck offers a panoramic viewpoint in the fresh air.



**Science Center**  
Enjoy interesting lectures on geology, history, biology, geography, glaciology, photography, and oceanography. From the Science Center, the Expedition Team will lead activities like wildlife spotting out on deck, and you can take advantage of our destination-focused library.

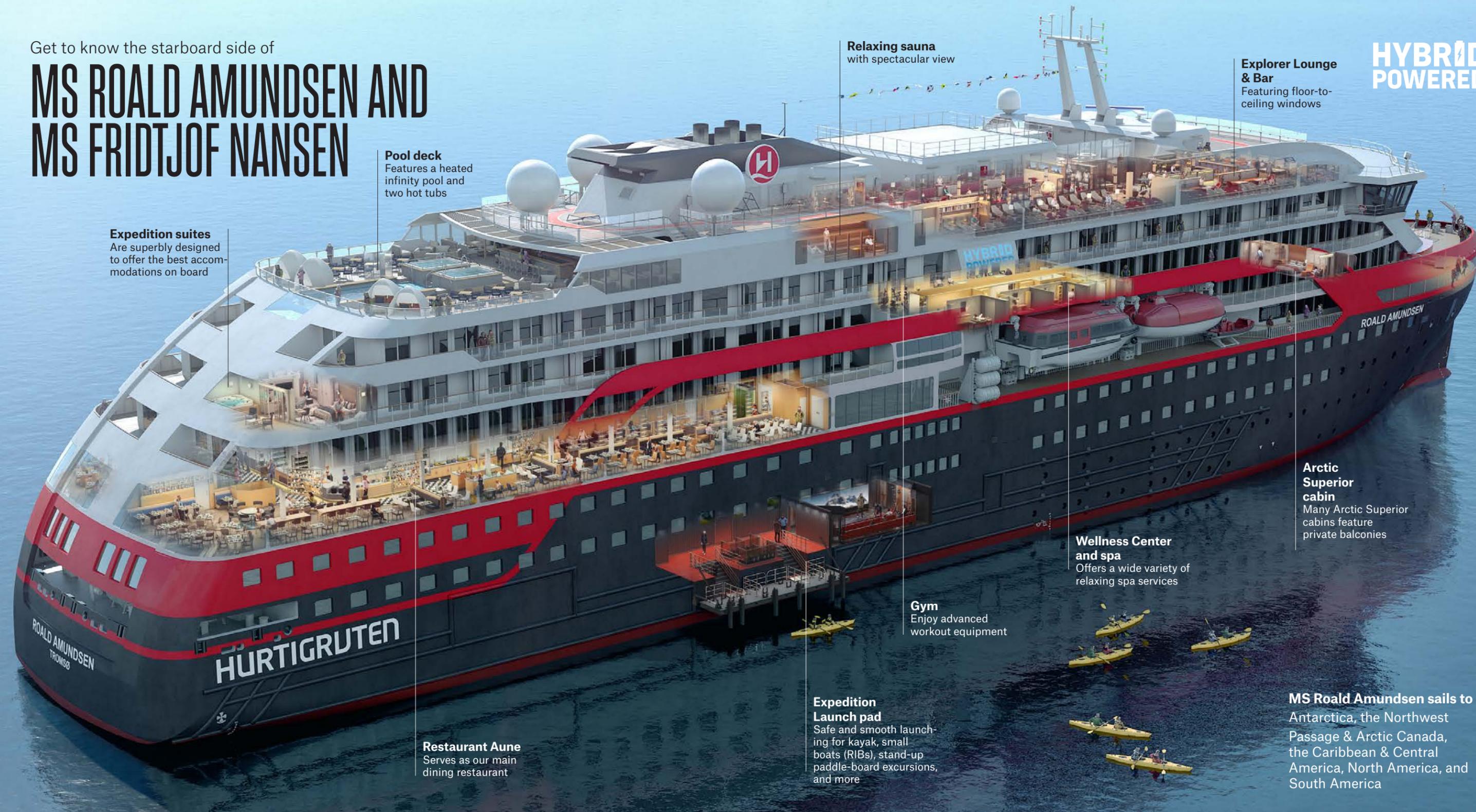


**Explorer Lounge & Bar**  
This spectacular area serves a tempting range of snacks, pastries, and refreshments throughout the day. Relax in a comfortable armchair and take in the scenery through expansive windows while savoring a fine beverage.

Get to know the starboard side of

# MS ROALD AMUNDSEN AND MS FRIDTJOF NANSEN

## HYBRID POWERED



**Expedition suites**  
Are superbly designed to offer the best accommodations on board

**Pool deck**  
Features a heated infinity pool and two hot tubs

**Relaxing sauna**  
with spectacular view

**Explorer Lounge & Bar**  
Featuring floor-to-ceiling windows

**Arctic Superior cabin**  
Many Arctic Superior cabins feature private balconies

**Wellness Center and spa**  
Offers a wide variety of relaxing spa services

**Gym**  
Enjoy advanced workout equipment

**Expedition Launch pad**  
Safe and smooth launching for kayak, small boats (RIBs), stand-up paddle-board excursions, and more

**Restaurant Aune**  
Serves as our main dining restaurant

**MS Roald Amundsen sails to** Antarctica, the Northwest Passage & Arctic Canada, the Caribbean & Central America, North America, and South America

**Take in the world**  
Experience magnificent scenery and scan for wildlife in the fresh air from our expansive observation decks and viewpoints located throughout the ship.



**Infinity pool**  
Take a dip in the pool or hot tubs, or enjoy the views of glaciers, icebergs, wildlife, and nature from the extensive outdoor decks.



**Wellness Center and spa**  
In the Wellness Center, you will find highly trained practitioners who will welcome you to a wide variety of relaxing spa services designed to help you recover, relax, and rejuvenate.



**Gym**  
Tone up in our indoor gym with advanced equipment, rowing machines, fitness bikes, training stations, and free weights. Or enjoy the magnificent outdoors with our outdoor running track.



**Cabins and suites**  
All our suites and cabins feature great views and are expertly designed for your comfort in the time between landings, excursions, and the onboard program. Enjoy soft duvets and fine linens for a good night's sleep.



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**BOOK YOUR EXPEDITION TODAY**

**CALL PHILIP BECK @ PERSONAL TRAVEL MANAGEMENT:  
+1 (604) 739-3607**

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