

INSIDER'S TRAVEL GUIDE

COOK
ISLANDS

Love a LITTLE PARADISE

An aerial photograph of a tropical island. The island is covered in lush green palm trees and has a white sandy beach. A large boat with a white canopy is docked at the beach. The water is a vibrant turquoise color, and there are other smaller islands visible in the distance under a clear blue sky.

Discover REAL Island Life
in The South Pacific

WWW.COOKISLANDS.TRAVEL



**Best Island Pacific Rim
Cook Islands
2016**



**Best Island Pacific Rim
Cook Islands**
Second Consecutive Year
2017



**Best Island Pacific Rim
Cook Islands**
Third Consecutive Year
2018



**Best Island Pacific Rim
Cook Islands**
Fourth Consecutive Year
2019



**Best Island Pacific Rim
Cook Islands**
Fifth Consecutive Year
2020

WHAT IS SO UNIQUE ABOUT THE COOK ISLANDS?

1. Still undiscovered by North Americans

Many say the Cook Islands are like Hawai'i was 60+ years ago, offering untouched charm and pristine beauty, yet with all of today's modern conveniences. These 15 islands are located in the heart of Polynesia in the South Pacific.

2. More freedom to explore than you'll find anywhere - the island of Rarotonga is an "all-in-one" resort

Here, you are not confined to one resort property, miles from everything else; all of Rarotonga is a resort. Easily accessible, no stoplights, ringed by boutique hotels and resorts, restaurants, gift shops, galleries, coffee spots, beach bars and convenience stores. No building is taller than a coconut tree!

3. Become part of an authentic, modern Polynesian culture

It's easy to engage with the warm, local Maori people - to hear their tales of history, chat with them at local markets, and to witness their amazing drumming and dancing talents.

4. Be in your resort in no time

Rarotonga's airport is lagoon-side, so there is no need to waste further travel time. Once you collect your bags upon arrival, you'll be in your resort within minutes.

5. Discover a better way to fly to the South Pacific

Air New Zealand's network is more efficient than any other in the South Pacific. See more by flying nonstop on Saturdays from Los Angeles to Rarotonga to rejuvenate in the Cook Islands, in the same time zone as Hawai'i, then continue on to New Zealand or Australia, or both, and return on a nonstop flight home! One ticket, one airline, more destinations to explore.

See the map on the back of this brochure, start planning your ultimate South Pacific experience!

TOP 21 REASONS TO VISIT THE COOK ISLANDS!

1. Pristine beauty

MJ Day, Senior Editor of Sports Illustrated, had this to say after shooting the Swimsuit Edition in the Cook Islands: "...Hands down, Aitutaki is the most beautiful place I have ever seen in my life."



2. Unspoiled Polynesian charm

A rich cultural heritage of unsurpassed beauty. People here express life through song and dance.

3. Rarotonga

Our most populated island is like one big resort, complete with restaurants, gift shops, galleries, cafés, and convenience stores.

4. Aitutaki

Tony Wheeler, founder of Lonely Planet, has said Aitutaki has "the world's most beautiful lagoon." Cruise atop the stunning turquoise water and get your passport stamped on One Foot Island, an uninhabited islet.

5. Easy to reach

Fly nonstop from Los Angeles to Rarotonga's lagoon-side international airport with Air New Zealand. Be at your resort within a half hour of arriving.

6. Same time zone as Hawai'i

No need to cross the international date line. Fly overnight and arrive the next morning, refreshed and ready to enjoy paradise.

7. Exquisite cuisine

There are more than 50 cafés and restaurants on Rarotonga alone. Delicious fresh seafood and locally grown fruit are easily accessible on all of our islands.

8. Exceptional value

Local currency is the New Zealand dollar. Prices are competitive and tipping is not customary.

9. Authentic modern Polynesian culture

It's easy to engage with the friendly local people and to experience real island culture at one of many tours and shows on offer.



10. English speaking and safe

Relax. In the Cook Islands, you'll feel comfortable and right at home.

11. Boutique, family-owned resorts and hotels

Accommodation options range from self-contained villas to full-service hotels. In the Cook Islands, there are no chain resorts and no buildings taller than a coconut tree.

12. Water activities

Get out on the ocean! Take a lagoon cruise, snorkel, SCUBA dive, kayak, try a stand-up paddleboard, learn to kitesurf, go game fishing or whale-watching.

13. Land activities

Go hiking, take a walking tour or a cycling tour, play nine holes of golf, participate in historical and cultural tours, watch a cultural show, and more.

14. Fun nightlife

Take your pick of fun outdoor nightclubs on Rarotonga. Do a pub crawl aboard one of our thatched-roof party buses. Only the best parties in the South Pacific!

15. Saturday morning market

The Punanga Nui market in Avarua, Rarotonga's main town, offers free entertainment, fresh food stalls, organic coffee, and authentic souvenirs like pearls and hats made of coconut frond.

16. Participate in a local church service

Visitors are welcome to attend a church service on Sunday morning. Enjoy beautiful Cook Islands singing and an uplifting experience you will never forget.

17. Easy to get around

Rarotonga is 20 miles (32 kms) in circumference and it takes just 45 minutes by car to circle the island. It's also easy to explore by bicycle, scooter, or the local bus.



18. Spectacular scenery

Watch whales from the foreshore between June and October, explore the turquoise lagoons, gaze at a canopy of stars, and marvel at the jagged mountain peaks.

19. Air Rarotonga

Our domestic airline provides ready access to Aitutaki, Atiu, and our other sister islands. Through Air Rarotonga you can also organize an amazing Aitutaki day tour or a scenic flight.



20. Experience Atiu

Visit the land of rare birds, vast caves, locally grown coffee, and the site where Captain Cook landed in 1777.

21. Combine your vacation with New Zealand or Australia, or both!

The Cook Islands is an ultimate Pacific Island stopover flying Air New Zealand nonstop between countries – the perfect place to unwind.



TOP 10 THINGS TO DO

1. Explore Rarotonga

Safe, English speaking, and so easy to get around by car, motor scooter, bicycle, hiking, or taking the clockwise or anti-clockwise island bus!

2. Wonder at the pristine beauty of Aitutaki lagoon

Journalists consistently call this the world's most beautiful lagoon. Take a lagoon cruise and see for yourself! It's been said the color blue was invented here.

3. Engage with the locals

Cook Islanders love interacting with visitors. Through the locals you can learn more about a rich culture with an intriguing history.

4. Pick any water activity

Lagoon cruises, diving, boating, yachting, sailing, snorkeling, SCUBA diving, whale watching, fishing, jet skiing, and more! Take your pick.

5. Learn about our culture

Take a cycling tour, watch a cultural show, or participate in cooking a traditional Cook Islands feast. There's so much to discover!

6. Indulge in exquisite cuisine

Whether you'd prefer to dine at a gourmet restaurant or sample local dishes, we've got options for you.

7. Relax and unwind

Whether you're on your own, with your family, on a honeymoon, or celebrating your anniversary, you'll find seclusion and relaxation in the Cook Islands.

8. Visit a local church

As a visitor you are welcome to attend a local church, where you'll experience authentic Cook Islands singing guaranteed to give you chills.

9. Discover Atiu, Mangaia, Mauke or Mitiaro

Explore caves and caverns, marvel at the secluded island lifestyle, and unwind in unspoilt nature. If you've visited Mangaia, you can say you've been to the oldest island in the South Pacific – it's about 18 million years old!

10. Party with the locals

Discover a fun nightlife scene like no other. Open-air bars, a pub crawl tour bus, nightclubs, and more!



CLIMATE

The Cook Islands enjoy a pleasant, warm and sunny climate all year round.

June through August are slightly cooler months, and November through March are warmer, with occasional tropical showers. The drier months, from April to November, average 26°C/79°F. The warmer, more humid season is from December to March, with temperatures ranging between 22°C/72°F (min) and 30°C/86°F (max).

	Max Temp.		Min Temp.		Water Temp.		Sunshine Hours
	°F	°C	°F	°C	°F	°C	
January	82	28	75	24	81	27	217
February	84	29	75	24	82	28	224
March	84	29	75	24	81	27	248
April	82	28	73	23	81	27	270
May	81	27	72	22	79	26	310
June	79	26	68	20	75	24	330
July	77	25	68	20	75	24	310
August	77	25	68	20	75	24	341
September	77	25	68	20	75	24	360
October	79	26	70	21	75	24	372
November	81	27	72	22	77	25	300
December	81	27	73	23	79	26	248

COOK ISLANDS MAORI

Cook Islands Maori is the local language but everyone also speaks English. Here are a few local words you might like to try during your visit:

Kia Orana (kee-ah-oh-rah-nah): **Hello**

Aere ra (ah-eh-reh-rah): **Goodbye**

Pe'ea koe? (peh-eh-a koh-ay): **How are you?**

Meitaki (mey-tah-kee): **Well, good or thank you**

Ae (aye): **Yes**

Kare (kah-reh): **No**

Tane (tah-neh): **Man**

Vaine (vah-eh-neh): **Woman**

Manea (mah-neh-ya): **Pretty/Handsome**

FAST FACTS

Population

Cook Islands: 17,459*

Rarotonga: 13,044

Entry Requirements

A valid passport with 6 months validity is required. A 31-day visa is issued on arrival and can be extended on request.

Currency & Banking

The currency used in the Cook Islands is the New Zealand Dollar (NZD). ANZ and BSP banks are open Monday to Friday from 9am to 3pm. BSP (in Rarotonga) opens on Saturday 9am to noon for teller services only. There are several ATMs located around the islands of Rarotonga and Aitutaki. For the other islands, you will need to get cash before you arrive.

Domestic Air Travel

The southern group of the Cook Islands is connected via the local airline, Air Rarotonga. There are several daily flights to Aitutaki. Travel to the Northern Group is infrequent and usually on request only.

Dress Code

While the Cook Islands is informal and the dress is casual, it is recommended that you avoid wearing attire such as bikinis in shopping areas or public areas outside of the beach and resorts, as it may cause offense in some places.

Driving

Driving is on the left-hand side of the road. Cars and motor scooters can be rented. All drivers must have a current driver's license, or obtain a Cook Islands driver's license from the police station in Avarua. The Cook Islands version makes a great souvenir!

Tipping

Tipping is not customary in the Cook Islands.

Medical & Dental Services

Services are available and there is a well-equipped hospital situated on Rarotonga and a small hospital in Aitutaki. There are no poisonous animals or insects in the Cook Islands.

Electricity

Electricity voltage is 240 AC/50 cycle, the same three pin plugs as used in New Zealand and Australia. Some hotels have outlets for 110 volt AC electric razors.

Telecommunications

Most smart phones will work with a local SIM; however, double check with your provider before traveling to the Cook Islands. Internet on Rarotonga and Aitutaki is readily available; most resorts have a WIFI hotspot, and some have internet in room available for purchase. There are internet cafes around Rarotonga.

Water

Water on Rarotonga is from catchments in the hills and we recommend visitors boil it for drinking. Some properties have treated water. Bottled water is readily available from the local stores if you wish to purchase it.

*Figures from 2016 census.



COOK ISLANDS TOURISM

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E: CanadaManager@CookIslands.Travel

HEAD OFFICE & VISITOR CENTER

Maire Nui Drive, Avarua, Rarotonga

P: +682 29435

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 www.cookislands.travel

 facebook.com/thecookislands

 youtube.com/tourismcookislands

 instagram.com/cookislands

 twitter.com/cookislands

**NO BUILDINGS TALLER
THAN A COCONUT TREE**



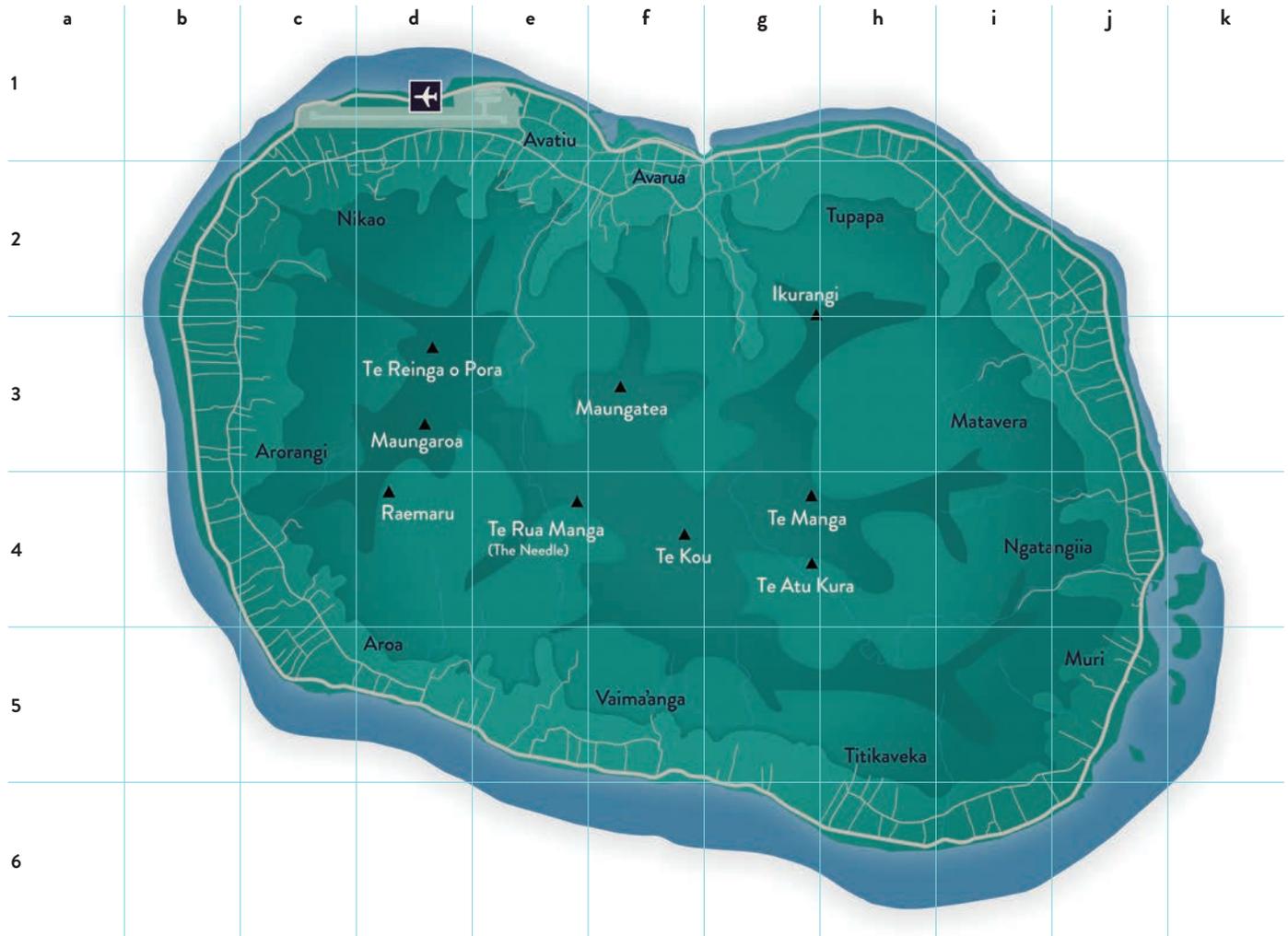


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RAROTONGA

Rarotonga is like one easily accessible and diverse resort, ringed by boutique hotels, restaurants, gift shops, coffee spots, and convenience stores. Our little paradise remains unspoiled with no stop lights and no building taller than a coconut tree. Also, the airport is lagoonside, so once you land you're at your resort in 30 minutes or less.





ARO'A BEACHSIDE INN

An adults-only absolute beachfront property in an idyllic location on a white sandy beach and beautiful crystal clear lagoon, on the western sunset shore of the island. 12 tastefully appointed units, including a two-bedroom suite and two fully handicapped accessible rooms. Directly on the beach surrounded by lush tropical gardens, units are furnished with island style fabrics and are fully self-contained with kitchen facilities and private decks offering direct views of the beach and lagoon. A daily tropical breakfast is included and served at Aro'a Beachside Inn's Shipwreck Hut - an authentic beach bar situated right on the sand.

Email: aroa@aroabeach.com

Website: www.aroabeach.com

Map Ref: B4



CASTAWAY RESORT

Castaway Resort is known for its fantastic beach location, relaxed ambience and home to some of the islands most spectacular sunsets. With only a small variety of rooms onsite, this self catering adults-only resort has the perfect balance of privacy and freedom, offering peaceful accommodation at cost effective rates. Equipped with a restaurant and bar onsite, enjoy a cocktail or romantic dinner in front of the setting sun. All rooms are air-conditioned and furnished to suit all basic needs and all exterior surroundings at the resort contribute to capturing that fresh, tropical feeling that is essential to any holiday experience in Rarotonga.

Email: relax@castawayvillas.com

Website: www.castawayvillas.com

Map Ref: B3



COOK ISLANDS HOLIDAY VILLAS

Aere maru... in Cook Islands Maori means to 'take it easy' and that is exactly how we want our guests to feel when they stay in any one of our well-appointed and comfortable villas, complete with a BBQ on the deck. We have a total of 9 villas scattered around the main island of Rarotonga, both on the Eastern and Western sides of the island. Ranging from 1 to 5-bedroom villas, couples will find the perfect place to elope, get married or enjoy their honeymoon. Our villas offer ample room for families and friends to celebrate the special occasion alongside them. Find a 'home away from home' experience with us in beautiful Rarotonga.

Email: stay@cookislandsholidayvillas.com

Website: www.cookislandsholidayvillas.com

Map Ref: B2, J5, J4





CROWN BEACH RESORT & SPA

This intimate Adults Only Boutique Resort, is renowned for its superb and picture-perfect beach location, fine food and relaxed ambiance. Located on the sunset coast of Rarotonga where 5 acres of manicured botanical gardens meet a white sandy beach that caresses a turquoise lagoon, Crown Beach Resort & Spa presents a host of luxury accommodation, dining options, Spa therapies, and a wide range of excursions for our guests. Absolute bliss for the ideal romantic getaway!

Email: info@crownbeach.com
Website: www.crownbeach.com
Map Ref: B2



IKURANGI ECO RETREAT

Where luxury meets sustainability, award winning Ikurangi Eco Retreat is the Cook Islands first purpose-built eco accommodation and glamping site. An intimate boutique resort, choose to relax in style in a deluxe fully furnished Safari Tent with outdoor jungle ensuite, or in a traditional Tropical Are (Polynesian style studio) with private deck. Enjoy delicious tropical breakfast delivered to your room each morning and hotel amenities including salt water swimming pool, free use of bicycles, onsite reception and tour desk. Set in lush organic gardens with stunning mountain views, escape to Ikurangi and unwind.

Email: stay@ikurangi.com
Website: www.ikurangi.com
Map Ref: I2



LAGOON BREEZE VILLAS

Lagoon Breeze Villas is located opposite its own stunning white sandy beach on Aroa Lagoon & Marine Reserve. This expansive 4 acre property with 24 spacious, stand-alone, self-catering villas offers a full range of rooming options and a home away from home experience. The large swimming pool and additional children's pool provide a great place to relax and unwind. The Breakfast Area serves daily tropical breakfast and provides a happy hour bar service in the evenings. Lagoon Breeze Villas is the perfect choice for families or groups of friends and similarly, couples will appreciate the privacy that these villas offer.

Email: reservations@lagoonbreezervillas.com
Website: www.lagoonbreezervillas.com
Map Ref: C5





LITTLE POLYNESIAN RESORT

Little Polynesian Resort....where serenity is certain, seclusion guaranteed and romance is everywhere! Award winning 4.5 star luxury boutique resort located on the southern tip of Rarotonga in the village of Titikaveka. Stretched across golden white sand with mesmerizing panoramic lagoon views, Little Polynesian Resort is a true south pacific gem. Fourteen luxurious Beachfront Bungalows or Garden Studios, featuring private decks, courtyards with outdoor showers and loungers. Little Polynesian Resort is an adults only resort, welcoming guests from 18yrs and over.

Email: reservations@pacificresort.com

Website: www.pacificresort.com

Map Ref: H6



MAGIC REEF

Our beautifully crafted bamboo bungalows are the perfect place to experience the tropical paradise of Rarotonga. Set in lush gardens on the sunset side of the island, Magic Reef has a large pool, cooking facilities in every room, free snorkeling gear, and on-site beauty therapy. Catering for guests aged 12 and over, Magic Reef is proud to be an eco-friendly resort. Enquire about the use of our E-bikes or Electric Cars, exclusively for guests!

Email: reception@magicreef.co.nz

Website: www.magicreef.co.nz

Map Ref: B2



MAMA TARA'S BUNGALOWS

Mama Taras are two bedroom individual self contained bungalows located on the inland side of Muri. Quiet area, but still only 6 mins walk to Muri Beach. Excellent value, Moana TV, WiFi (charge), BBQ, Stove Top, Fridge freezer, Beach Towels, complimentary toiletries, serviced every 3 days

Email: liana@muribeachclubhotel.com

Website: www.mamataras.com

Map Ref: J5





MANUIA BEACH RESORT

Manuia Beach Resort is a small adult's only boutique resort located on the sheltered sunset coast of Rarotonga; Manuia is a true Polynesian paradise. Authentic Cook Islands style suites, boast real coconut thatching, attractive island-style interiors and modern amenities including air conditioning. Separated by sandy paths and tropical gardens, suites are just a few steps from the blue lagoon, and stunning infinity pool. On the Beach Restaurant and bar is famed for its Polynesian cuisine, and all guests receive a personal welcome from our managers and staff who go out of their way to look after each and every guest.

Email: rooms@manuia.co.ck

Website: www.manuia.co.ck

Map Ref: B3



MOANA SANDS BEACHFRONT HOTEL

Moana Sands Beachfront Hotel is situated in the village of Titikaveka on Rarotonga's stunning southern coast. Each room of this three level 3.5 star hotel boasts spectacular beach and lagoon views. Renowned for its tranquil and secluded location, Moana Sands Beachfront Hotel offers guests a quiet and peaceful ambience with access to lagoon activities, and an onsite bar & restaurant.

Email: reservations@moanasands.co.ck

Website: www.moanasands.co.ck

Map Ref: H6



MOANA SANDS BEACHFRONT VILLAS

If you are someone who values independence then Moana Sands Beachfront Villas is for you! Six absolute beachfront villas await, each with amazing views overlooking the crystal clear waters of the sparkling lagoon of Vaimaanga beach. A premier spot for snorkelling and swimming on Rarotonga. Explore the safe and sheltered aquatic playground teeming with colourful tropical fish. And be sure to pamper yourself at the onsite Hibiscus Spa!

Email: reservations@moanasands.co.ck

Website: www.moanasands.co.ck

Map Ref: E5





MOANA SANDS LAGOON RESORT

Newly opened Moana Sands Lagoon Resort overlooks stunning Muri lagoon and offers a perfect tropical getaway for couples. This adult only 3.5 star beachfront resort features two levels of deluxe lagoon studios, a spectacular beachfront swimming pool and large sun lounging decking. Moana Sands Lagoon Resort welcomes guests 18 years and older.

Email: reservations@moanasands.co.ck

Website: www.moanasands.co.ck

Map Ref: I6



MOTU

Motu (formerly known as Royale Takitumu) is Rarotonga's newest boutique destination, offering ten self-contained 'art villas' secluded within tropical gardens overlooking the peaceful lagoon. The designer interiors offer a stylish haven for relaxation. Discover the lagoon, stroll the deserted beach, explore by electric bicycle, or recline by the fresh-water pool in our unique 'island within an island.'

Email: reservations@royaletakitumu.com

Website: www.royaletakitumu.com

Map Ref: H6



MURI BEACH CLUB HOTEL

Immerse yourself in the ultimate tropical paradise of the Cook Islands, at Muri Beach Club Hotel, Rarotonga - a boutique adults only oasis. Enjoy the stunning views, the warm white sands right beside the alluring waters of Muri Lagoon. With three room categories to choose from, we have something for everyone; Deluxe Beachfront, Superior Pool View Room & Premier Garden View Room. Take time out to relax by the pool with a cocktail, rejuvenate with a Rito treatment by our spa, and be romantic with your loved one along the shores of the lagoon. Muri Beach Club Hotel invites you to share in the ultimate of bliss and a little R & R.

Email: info@muribeachclubhotel.com

Website: www.muribeachclubhotel.com

Map Ref: J5





MURI BEACH RESORT

Muri Beach Resort offers beachfront affordable luxury on Rarotonga's spectacular Muri Beach and Lagoon. This couple, friends and family-friendly resort is set in tropical gardens with signature 12-metre saltwater pool, restaurant and bar is recently refurbished and is an outstanding venue for tropical weddings and honeymoons. 20 stylishly-appointed self-contained villas and apartments - some beachfront, others set in tropical gardens- feature Queen-size beds, Jacuzzi spa baths with complimentary toiletries, air-conditioning, dining areas with kitchen units including a microwave, refrigerator, cooktop and coffee and tea supplies.

Email: res@muribeachresort.com
Website: www.muribeachresort.com
Map Ref: J5



MURI LAGOON VIEW BUNGALOWS

This hillside affordable accommodation is a perfect little bungalow get away. About a 10min walk to Muri Beach, serviced every 3rd day, airconditioning available at a fee, Moana TV, hot water, insect screened, fridge/freezer, stovetop, microwave & more. Great plush beds.

Email: liana@muribeachclubhotel.com
Website: www.murilagoonviewbungalows.com
Map Ref: J4



NAUTILUS RESORT

Nautilus Resort is pure South Pacific beachfront luxury on Rarotonga's white-sanded Muri Beach. Choose Polynesian inspired one, two or three bedroom villas each with private salt-water plunge pool, air conditioning, luxurious bathroom, kitchenette, entertainment system and big furnished patio. Just 20 minutes from Rarotonga's international airport, the 4.5 star resort features a Polynesian Spa and Kids' Concierge service, and excellent watersports making it ideal for everything from family holidays to weddings and honeymoons. Nautilus award winning Restaurant's cuisine is Polynesian - European fusion, using local seasonal ingredients.

Email: res@nautilusresortrarotonga.com
Website: www.nautilusresortrarotonga.com
Map Ref: J5





OCEAN SPRAY VILLAS

Ocean Spray Villas are located close to the main township of Avarua on Rarotonga and are 3 bedroom fully equipped with amenities villas located right on the beach. They offer an amazing view of the beautiful lagoon, and during whale season have an unobstructed view of their playful antics. There are two villas available that are fully serviced and provide for that home away from home feeling. Look no further than Ocean Spray Villas for your holiday needs in Rarotonga.

Email: liana@muribeachclubhotel.com

Website: www.oceansprayvillas.com

Map Ref: G1



PACIFIC RESORT RAROTONGA

Rarotonga's leading 4 star full service authentic boutique resort is situated on the glorious white sands of popular Muri beach & lagoon. Pacific Resort Rarotonga offers a collection of 64 studios, family rooms, suites and two & three bedroom villas, with either tropical garden or stunning lagoon views. Enjoy snorkelling the lagoon, paddle across to the islets, or simply laze on the beach under a palm tree. And when the day comes to the end, enjoy a cocktail while dining at Sandals Restaurant situated directly on the sand. A place where simple lazy days meet luxurious evenings.

Email: reservations@pacificresort.com

Website: www.pacificresort.com

Map Ref: J5



PALM GROVE

Set in the enchanting area of Vaimaanga on the stunning southern coast, Palm Grove enjoys the tranquility of one of the best locations on Rarotonga. Our 22 individual bungalows are scattered over 5 acres of beachfront and garden property and are available in studio to 3-bedroom layout. Onsite amenities include our restaurant and bar The Yellow Hibiscus, swimming pool, tour desk, guest BBQ, guest laundry, and motorbike rentals, plus complimentary use of kayaks, snorkel equipment, beach chairs, and beach towels. Welcome to Palm Grove, your private piece of paradise!

Email: beach@palmgrove.net

Website: www.palmgrove.net

Map Ref: E5





RAROTONGA DAYDREAMER RESORT

The Daydreamer Resort is a secluded and intimate piece of paradise. Enjoy the best that Rarotonga has on offer, set amongst lush tropical gardens and with some of the best snorkeling spots in crystal clear lagoons close by. The resort is quiet and private while also being convenient to amenities, including a supermarket, cafes and restaurants. With 6 self-catering spacious apartments, Daydreamer Resort is a quiet place to relax after exploring the magic of Rarotonga.

Email: info@daydreamer.co.ck

Website: www.daydreamer.co.ck

Map Ref: I6



RUMOURS LUXURY VILLAS AND SPA

Rumours Luxury Villas & Spa - Privacy and Luxury –Rarotonga’s premium adults only retreat accommodation with absolute beachfront location on the famous Muri Beach, Rarotonga. All Rumours villas have over 230 square meters of living area - your own private pool and courtyard, fully equipped full sized kitchen, two large bedrooms, two full size bathrooms, marble floors, Italian fittings, air conditioning and most with private Jacuzzi’s Rates Include VIP airport transfers, FREE WiFi starter kit, daily breakfast, kayaks & snorkeling gear & 450 movie library.

Email: info@rumours-rarotonga.com

Website: www.rumours-rarotonga.com

Map Ref: I6



SANCTUARY RAROTONGA-ON THE BEACH (ADULTS ONLY)

Sanctuary Rarotonga-on the beach is Rarotonga’s adults-only (age16+) boutique beach resort with a distinctive South Pacific ambience. Sip a long cool cocktail at the swim-up bar, soak up the sun on the secluded white sands of Aroa Beach, slip into the sparkling clear blue lagoon for complimentary stand-up paddleboarding, kayaking and snorkelling. Drink in beautiful lagoon views or step directly onto the soft white sands from your Beachside or Beachfront Suite. Learn to dance the hula or play the ukulele, relax with a traditional massage then dine on fresh seafood at the BlueWater Grill. The ideal South Seas beach retreat for couples.

Email: info@sanctuaryrarotonga.com

Website: www.sanctuaryrarotonga.com

Map Ref: C5





SEA CHANGE VILLAS

Nestled on its own secluded white sandy beach with mesmerizing panoramic lagoon views and located on the southern tip of Rarotonga in the village of Titikaveka, Sea Change Villas affords 1, 2 or 3 bedroom spacious, private, casually elegant villas with all the modern comforts of home. Boasting a private pool and courtyard at each villa, five star personal service and a fabulous Polynesian setting, Sea Change Villas is perfect for those looking for that rejuvenating getaway or celebrating a special moment in their lives.

Email: reservations@seachangevillas.com

Website: www.seachangevillas.com

Map Ref: G6



SEASIDE BEACHFRONT VILLAS

Seaside Beachfront Villas offer luxury and elegance combined with a true touch of Cook Islands' flare and hospitality. Located on the northeast coast of the island you will be surrounded by the Pacific Ocean breeze throughout the day. The property offers 3 spacious Villas and a 3 bedroom, 3 bathroom Villa Home. Each Villa has its' own ocean front patio deck and is fully equipped with top of the line kitchen and bathroom amenities. Seaside Beachfront Villas are designed to cater to travelers seeking class, relaxation, and excellent facilities at very affordable rates.

Email: reservations@seachangevillas.com

Website: seasidevillasrarotonga.com

Map Ref: J3



SUNSET RESORT

Sunset Resort is the Cook Islands' leading intimate resort property. Located on one of Rarotonga's premier beaches and fronting a crystal clear lagoon, Sunset Resort offers personal attention from our friendly, local staff. Delivering all the services you would expect from a large resort, but in an intimate, beachfront environment. The resort offers 35 spacious Suites and Studios, situated either on the beachfront overlooking the lagoon, or amongst our tropical gardens and beside either of our two swimming pools.

Email: welcome@thesunsetresort.com

Website: www.thesunsetresort.com

Map Ref: B2





TE MANAVA LUXURY VILLAS & SPA

Set on the beautiful white sands of Rarotonga's stunning Muri lagoon, your private villa at 5 star Te Manava Luxury Villas & Spa awaits. With access to onsite Te Manava Spa, this property is designed for those who appreciate beautiful natural surroundings, luxurious self-contained accommodation and value independence & privacy. Each exquisitely designed and furnished villa includes a full gourmet kitchen, laundry facilities and a private pool. How you choose to use it is completely up to you!

Email: reservations@pacificresort.com

Website: www.pacificresort.com

Map Ref: I6



TE VAKAROA VILLAS

Set right on Muri Beach, Te Vakaroa Villas is a remarkable gated haven, offering unsurpassed views of Muri Lagoon and beyond the reef to the South Pacific Ocean. The contemporary designs of the six villas have floor-to-ceiling sliders that open onto a large private patio overlooking their infinity pool and Jacuzzi - the ideal place to unwind and enjoy a tropical cocktail. Muri Lagoon is a water playground for snorkeling, kayaking, kite surfing and swimming. Kayaks and snorkeling equipment, are complimentary.

Email: info@tevakaroavillas.com

Website: www.tevakaroavillas.com

Map Ref: J5



THE COOKS OASIS HOLIDAY VILLAS

A true oasis located in the beautiful village of Arorangi, perfectly positioned to watch the sunset away from the crowds. Just steps away is a beautiful white sandy beach and clear blue lagoon with some of the most unique snorkelling on the island. Recently upgraded, our nine villas ranging from studio style to one- and two-bedroom villas are self-catered. Alternatively, there are many great restaurants within easy walking distance. Bring a friend, the family, or that special someone and relax, unwind and enjoy the pacific paradise of Rarotonga at The Cooks Oasis.

Email: info@thecoops.co.ck

Website: www.thecoopsoasis.com

Map Ref: B2





THE EDGEWATER RESORT & SPA

Bordering a lovely white sand beach and overlooking crystal clear waters of a spectacular blue lagoon, The Edgewater Resort & Spa offers the perfect place for a truly magical tropical escape. With 286 rooms the resort offers a range of affordable accommodation offering a choice of garden or beach front views and self-contained villas. There is a wide range of dining options and activities including kids club, cultural programme and spa treatments.

Email: stay@edgewater.co.ck

Website: www.edgewater.co.ck

Map Ref: C5



THE RAROTONGAN BEACH RESORT & LAGOONARIUM

Slip off your watch, your shoes, your cares and immerse yourself in paradise at the iconic Rarotongan Beach Resort & Lagoonarium, set on Aroa Beach on the island's sun-soaked southwest coast. Enjoy complimentary stand-up paddleboarding, kayaking and the island's best snorkelling directly off the resort's beach in the Aroa Lagoon Marine Sanctuary. The free kids club and teen zone makes The Rarotongan perfect for families too. Renowned for stunning sunset beach weddings beside Aroa Lagoon, the Lagoon of Love. Ideal for wedding and family groups as The Rarotongan is located adjacent to adults-only (age 16+) sister resort, Sanctuary Rarotonga - on the beach.

Email: info@rarotongan.co.ck

Website: www.therarotongan.com

Map Ref: C5



WATERFOOT HOUSE

Situated on the sunset coast of Rarotonga, peacefully embracing its tropical surroundings is the luxurious Waterfoot House. This unique property features nine separate pavilions, each serving different functions. The 20 meter infinity pool on the beachfront terrace is the perfect spot to stop and unwind. With 4 suites, multiple lounge areas and prime beach frontage, Waterfoot House is a luxury holiday home that is unprecedented to any other private option on Rarotonga. This property sleeps up to 8 people and best suits the affluent travelers looking for their own private mini resort to enjoy with family or a group of friends.

Email: patricia@waterfoothouse.com

Website: www.waterfoothouse.com

Map Ref: B3



AITUTAKI

Tony Wheeler, founder of Lonely Planet, has said Aitutaki boasts, “the world’s most beautiful lagoon.” Cruise atop the stunning turquoise water and have your passport stamped on One Foot Island, an uninhabited islet.

With an emerald green main island, Aitutaki is undisputedly one of the most beautiful of all South Pacific destinations.



AITUTAKI ESCAPE

Aitutaki Escape - A boutique beachfront property with 3 private, spacious and luxurious Villas. Each Villa is fully air-conditioned, have direct access to the beach and lagoon via decks and boardwalks, feature private courtyard with a swimming pool, full kitchen facilities, spacious interiors, super king size beds, lavish bathrooms; all complimented by genuine Cook Islands hospitality, service and meticulous attention to detail. An onsite Cafe offers daily food and beverage experiences. This property is regarded as a Polynesian Luxury Property with full focus on delivering premiere experiences via its services and facilities, ensuring guests a secluded and safe haven on Aitutaki.

Email: info@aitutakiescape.com

Website: www.aitutakiescape.com



AITUTAKI LAGOON PRIVATE ISLAND RESORT

Be delighted by spellbinding views of majestic Aitutaki Lagoon directly from your bungalow at this intimate boutique resort for guests aged 16 and over. Right here on the edge of some of the bluest water on Earth you'll discover one of the world's most beautiful private island resorts, Aitutaki Lagoon Private Island Resort - the only resort with overwater bungalows and the only private island resort in the Cook Islands. An idyllic retreat for incurable romantics and perfect for romantic escapes, private island beach weddings, honeymoons, babymoons, anniversaries, milestone birthdays and candlelit dinners on the beach at sunset. Heaven sent.

Email: info@aitutakilagoonresort.com

Website: www.aitutakilagoonresort.com





ETU MOANA

One of the leading Adults Only Cook Islands resorts on Aitutaki. Etu Moana Boutique Beach Villas offers relaxing beach side boutique accommodation on the northwest coast. Situated among some of the most crystal clear waters and beautiful blue skies you'll ever see. With stunning ocean views and lovely tropical gardens which add to the charm of this secluded property. Recline on the beach's sun loungers, swim in the pool or enjoy free use of kayaks, SUP's, bicycles and snorkeling gear.

Email: managers@etumoana.com

Website: www.etumoana.com



PACIFIC RESORT AITUTAKI

Discover an enclave of romance, refinement and luxury. 5 star Pacific Resort Aitutaki offers an intimate collection of 29 absolute beachfront bungalows and villas, all within steps of the crystal clear turquoise waters of world renowned Aitutaki Lagoon. Immerse yourself in the resort's luxury surrounds, explore the Aquatic Eco Trail, or pamper yourself at our onsite Tiare Spa, all while enjoying the warm Cook Islands hospitality extended to you. You will be sure to leave feeling relaxed and rejuvenated with cherished memories of this idyllic paradise. Guests 12 years and older welcome.

Email: reservations@pacificresort.com

Website: www.pacificresort.com



TAMANU BEACH RESORT

Kia orana, Welcome to the Tamanu Beach Resort - the perfect place for your next "getaway from it all" holiday. We have 23 bungalows, and all of them are within a stones throw from the lagoon. Our thatched roof restaurant is right on the beach and the ideal place for a sunset cocktail. SUPS, Kayaks, snorkelling gear and cruiser cycles complimentary. To help ease you into island time, visit our Tamanu Day spa for a relaxing massage. There is no place like it on earth. See you soon.

Email: reservations@tamanubeach.com

Website: www.tamanubeach.com



ATIU

There are few places left in the world like Atiu, an island over 8 million years old – ancient, remote, and lush with dense rainforests and coastal bush.

Known as the land of the birds, Atiu is about half the size of Rarotonga. Villages are in the central plateau where soil is rich, and some of the best coffee in the Pacific Rim is organically grown.



ATIU VILLAS

Atiu Villas, our little slice of heaven. If you want to go for a holiday but want to get away from other tourists who have the same idea (to go on a holiday), fly to Atiu and stay at Atiu Villas. Atiu Villas are unique in that the chalet style villas are made almost entirely of local native timbers. Each villa has a private verandah, cooking facilities, separate bathrooms and tea making facilities. The larder is fully stocked, which guests can use and pay upon checkout. A place to unwind and recharge.

Email: atiuvillas2018@gmail.com

Website: www.atiuvillas.com



MANGAIA

Mangaia is traditionally known as Auau enua. Geologists have estimated the island at over 18 million years old, making it the oldest island in the entire Pacific. Mangaia is the second largest and southern-most island of the Cooks.

This island is made up of raised limestone coral, peppered with numerous caves that stretch into giant underground caverns.



BABES PLACE

Babes Place comprises of 4 basic units, each fitted with a queen and single bed, own private toilet, and shower with hot and cold running water. In the main house next door to the units, you will find the communal kitchen with full cooking facilities, a dining area, lounge with a television, as well as laundry facilities. Just a few feet from the doorstep of your unit is a large communal hut with tables and chairs where one can sit, relax and enjoy the peacefulness, read a book, or meet and enjoy the company of other guests.

Email: vacation@islandhopper.co.ck

Website: www.islandhoppervacations.com



MANGAIA VILLAS

Perched on a secluded pocket of ancient rock, on the north-western shores of Mangaia, you will discover Mangaia Villas. Each stylish Polynesian, fully self-contained villa is of supreme quality, featuring a gentle sloping thatched roof, authentic Mangaia limestone exterior, pine T&G interior ceilings and stunning coconut and hardwood floors. Our villas are fully equipped with modern conveniences, including complete kitchen facilities, tea and coffee making facilities, full mosquito screening and ceiling fans. Daily tropical breakfasts are included. Lunch and Dinner can be provided upon request, for an additional charge. Rental scooters or vehicles can be arranged upon request.

Email: villas@mangaia.net.ck

Website: www.mangaivillas.com

MAUKE

The traditional name for Mauke is Akatokamanava which translates to “where my heart rests.” It’s a fitting name for this Eden, as many visitors find the island takes hold of their heart on arrival.

Often described as the garden island of the Cook Islands, it is hugged by a close reef where everyday locals can be seen catching their evening dinner.



TIARE COTTAGES

Mauke’s longest-standing and most reputable providers of quality accommodation at affordable prices on a beautiful and peaceful island in the South Pacific. Come and explore spectacular secluded coves, caves, and china-white beaches, and experience the beautiful, authentic local Maukean culture in a way that will take you far away from the tourist trail for an experience you will never forget. Marvelous Mauke is an unforgettable South Pacific jewel, and Tiare Cottages will make your stay on Mauke a perfect one!

Email: te4ta@mauke.net.ck

Website: www.maukeholiday.com

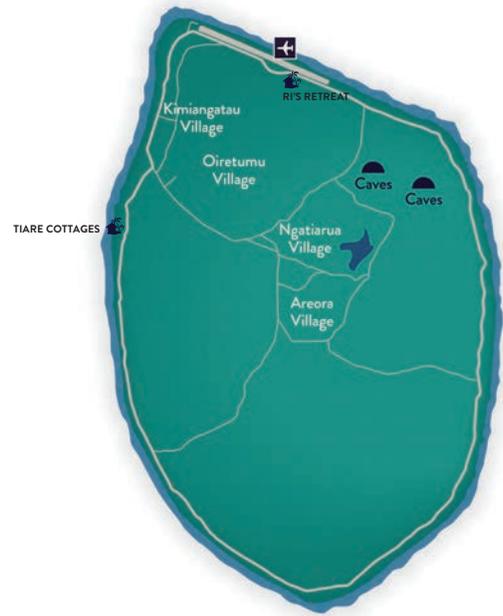


RI’S RETREAT

These bungalows are situated in a lush garden setting. Each one features a private bathroom and separate kitchen with fridge/freezer, gas oven and cook top with tea/coffee making facilities. The bedding is locally tie dyed. Your host, Moumou Moetaua, conveniently lives in the house next door and can provide transport for you to the main store located in town so that you can purchase supplies. When you first arrive in Mauke you are met by Moumou Moetaua with a traditional lei greeting and then transferred to Ri’s Retreat, where fresh flowers and fruit are provided in each bungalow.

Email: vacation@islandhopper.co.ck

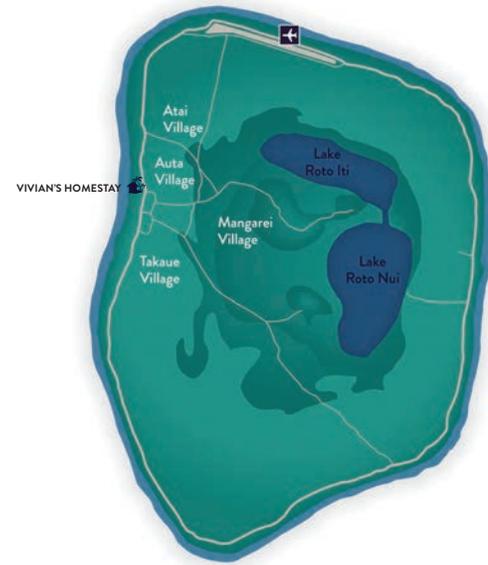
Website: www.islandhoppervacations.com



MITIARO

Does sleeping under a kikau thatched roof with the sound of the waves rolling in seem like the ultimate island escape?

Also known as Nukuroa, Mitiaro is one of the most beautiful, yet remote islands in the Pacific, Mitiaro has a distinctive history, plus the unique appeal of some of the most stunning subterranean limestone pools and caves in Polynesia.



VIVIAN'S HOMESTAY

Calling it the "Itiki Experience," Mitiaro people are now promoting a homestay program, giving visitors the opportunity to live, eat, and work with the locals. Visitors are hosted by the families, with all meals provided. Comfortable accommodation is in separate are's (huts,) each with its own bathroom, located on a family's property.

- Kovea Studio (sleeps 2)
- Single Hut (sleeps 1)
- NZ\$100 per person, per night (includes meals)
- Phone: +682 76952



ACTIVITIES GUIDE

Accredited	Mana Tiaki	TOUR OPERATOR	WEBSITE	EMAIL	NZD Rates From (Child)	NZD Rates From (Adult)	Tour Days	Tour Times	Transfers	Meals	Time Length	Min PAX	Max PAX	Watersports	Game Fishing	Lagoon Cruise	Snorkelling	Scuba Diving	Cycle Tours	Cultural Tours	Island Discovery	Nightlife	Island Nights
RAROTONGA																							
Y		Akura Fishing Charters	www.akurafishingcharters.com	fish@akura.co.ck		\$200	Mon - Sat	8:30am, 1:30pm	N	Y	4h	4	6		X								
Y	Y	Ariki Adventures	www.arikiholidays.com	arikiholidays@gmail.com		\$65	Daily	Tide Dependant	N	N	1.5h	6	12	X			X		X				
Y		Blue Water Tours	www.bluewaterrarotonga.com	tours@bluewaterrarotonga.com			Daily		N			1	30		X								
		Bluewater Adventures	www.bluewater-adventures.com	fishing@bluewater-adventures.com			Daily		N			1	6		X								
Y		Captain Tama's Lagoon Cruizes	www.captaintamas.com	manager@captaintamas.com	\$40	\$80	Daily	11:00am	Y	Y	4h	30	60	X		X							
Y		Charlotte Piho Turtle & Photography Tour	www.facebook.com/charlottepihophotography	mcookislands@gmail.com		\$120	Mon - Fri	8:00am, 1:00pm	N	N	1.5h	2	6				X						
		Crown Beach Resort	www.crownbeach.com	info@crownbeach.com	\$30	\$55	Thu	6:30pm	N	Y	3h	25	50										X
Y	Y	Dive Rarotonga	www.diverarotonga.com	info@diverarotonga.com		\$135	Daily	7:45am, 1:15pm	N	Y	4h	2	8					X					
Y		Going Troppo Nightlife Tour	www.rarotours.co.ck	bookings@rarotours.co.ck		\$60	Fri, Wed	8:00pm	Y	N	6h	15	30									X	
Y		Highland Paradise	www.highlandparadise.co.ck	bookings@highlandparadise.co.ck	\$65	\$110	Mon, Wed, Fri	10:00am	Y	Y	4h	25	100							X			X
Y		Island Discovery Tours	www.rarotours.co.ck	john.webb@turamapacific.co.ck	\$35	\$69	Mon - Fri	10:00am	Y	Y	3h	15	30								X		
Y	Y	KiteSUP Watersports	www.kitesup.co	info@kitesup.co		\$60	Daily	Tide Dependant	N	N	1.5h	6	12	X			X						
Y		Koka Lagoon Cruises	www.kokalagooncruises.com	bookings@kokalagooncruises.com	\$45	\$79	Sun - Fri	10:00am	Y	Y	4h	30	60			X							
		Marlin Queen	www.marlinqueen.co.ck	fishing@marlinqueen.co.ck	\$120	\$199	Mon - Sat	7:00am, 1:00pm	Y	Y	5h	4	8		X								
		Muri Beach Club Hotel	www.muribeachclubhotel.com	info@muribeachclubhotel.com	\$35	\$59	Wed	7:00pm	N	Y	3h	30	80										X
		Pa's Trek	www.pastrek.com	pastrek@gmail.com		\$70	Mon, Wed, Fri	9:30am	Y	Y	4h	2	10								X		
		Progressive Dinner	www.cookislandstours.co.ck	reservations@cookislandstours.co.ck	\$70	\$99	Mon, Thu	5:00pm	Y	Y	5h	10	30								X		
Y		Raro Buggy and Quad Tours	www.rarobuggytours.com	liana@muribeachclubhotel.com		\$150	Mon - Sat	8:30am, 1:30pm, 2:30pm	N	Y	2.5h	6	12										
Y	Y	Raro Reef Sub	www.raroreefsub.com	stephenie.jansen@clear.net.nz	\$39	\$69	Daily	9:00am, 11:00am, 2:00pm, 4:00pm	N	N	2hr	10	16	X									
Y		Raro Safari Tours	www.rarosafaritours.com	res@rarosafaritours.co.ck	\$40	\$80	Mon - Fri	8:30am	Y	Y	4h	6	20								X		
		Rarotonga Scenic Flight	www.airraro.com	bookings@airraro.com		\$129	Daily	11:00am, 2:00pm	N	N	.5h	1	2								X		
		Reelaxing Fishing Charters	www.facebook.com/reelaxingraro	reelaxing.raro@gmail.com		\$180	Daily	7:00am, 1:00pm	N	Y	5h	4	8		X								
Y		Rehab's Raro Pub Crawl	www.facebook.com/raropubcrawl	scott@rehabraro.com		\$25	Mon, Wed, Fri, Sat	7:00pm	Y	N	5h	15	40									X	
Y		Rongohiva Watersports	www.rongohiva.com	rongohiva@yahoo.com		\$85	Mon - Sat	9:00am - 3:00pm	N	N	1.5hr	6	14	X									
		Seafari Fishing Charters	www.seafarifishingcharters.com	info@seafarifishingcharters.com		\$180	Daily	7:00am, 1:00pm	N	Y	5h	4	8		X								
Y		Snorkel Cook Islands	facebook.com/snorkelcookislands	snorkelcookislands@gmail.com		\$99	Mon - Fri	Tide Dependant	Y	Y	3h	2	6				X						
Y	Y	Storytellers Eco Cycle Tours	www.storytellers.co.ck	tours@storytellers.co.ck	\$40	\$79	Mon - Sat	8:30am, 1:30pm	Y	Y	3h	4	8						X				
Y		Sunshine Cultural Activities	www.facebook.com/Sunshine.KikauWeaving.Umu.Fishing/	info@sunshineraro.co.ck	\$30	\$60	Mon - Fri	8:00am	N	Y	4h	4	15								X		

ACTIVITIES GUIDE (CONTINUED)

Accredited	Mana Tiaki	TOUR OPERATOR	WEBSITE	EMAIL	NZD Rates From (Child)	NZD Rates From (Adult)	Tour Days	Tour Times	Transfers	Meals	Time Length	Min PAX	Max PAX	Watersports	Game Fishing	Lagoon Cruise	Snorkelling	Scuba Diving	Cycle Tours	Cultural Tours	Island Discovery	Nightlife	Island Nights
RAROTONGA																							
Y		Te Vara Nui	www.tevaranui.co.ck	culture@tevaranui.co.ck	\$49	\$109	Tue, Thu, Sat	6:30pm	Y	Y	4h	75	100							X		X	
Y		The Dive Centre	www.thedivecentre-rarotonga.com	info@thedivecentre-rarotonga.com		\$100	Daily	8:00am, 2:00pm	N	Y	3h	2	6					X					
		The Edgewater Resort & Spa	www.edgewater.co.ck	stay@edgewater.co.ck	\$25	\$65	Tue, Sat	7:00pm	N	Y	3h	50	100									X	
		The Islander Hotel	www.islanderhotel.co.ck	info@islanderhotel.co.ck	\$20	\$49	Tue, Sat	7:00pm	N	Y	3h	50	100									X	
Y		Wahoo Fishing Charters	www.wahooofishingcharters.net	wahoo@oyster.net.ck		\$180	Daily	8:00am, 1:00pm	N	Y	4.5h	4	8		X								
AITUTAKI																							
		Aitutaki Adventures	mzpuna.wixsite.com/aitutakiadventures	aitutakiadventures@gmail.com	\$50	\$125	Sun - Fri	10:00am	Y	Y	6h	6	18			X	X						
		Aitutaki Day Tour (Air Rarotonga)	www.aitutakidaytour.com	bookings@aitutakidaytour.com		\$493	Mon - Sat	7:00am	Y	Y	10h		30			X	X				X		
		Aitutaki Kite School	www.southpacifickiteboarding.com	southpacifickiteboarding@gmail.com		\$195	Daily	Tide Dependant	Y	N	8h	1	4	X									
		Aitutaki Sailing	www.sailingaitutaki.com	pacific.pearl@gmail.com	\$50	\$125	Daily	9:30am	Y	Y	4h	1	4			X	X						
Y		Aitutaki Village	www.aitutakivillage.com	kura@bishopgroupci.com	\$37.50	\$75	Tue	6:30pm	N	Y	3h	30	65									X	
		Bishop's Cruises	www.bishopscruises.com	annie@bishopgroupci.com		\$100	Mon - Sat	10:00am	Y	Y	6h	20	45			X	X						
		Black Pearl Charters	www.blackpearlaitutaki.com	blackpearlaitutaki@outlook.com		\$190	Mon - Sat	8:00am	N	N	4h	2	4		X								
Y		Bubbles Below	www.diveaitutaki.com	bbelow@raromail.com		\$170	Mon - Sat	8:00am	N	Y	3h	2	8					X					
		E2 Way Bonefishing	www.e2sway.com	fishing@e2sway.com		\$400	Mon - Sat	Half Day	N	N	3h	2	4		X								
		Kia Orana Cruise Aitutaki	www.kiaoranacruise.com	kishonka2@gmail.com	\$65	\$125	Sun - Fri	9:30am	Y	Y	6h	2	4			X	X						
Y		Pacific Resort Aitutaki	www.pacificresort.com	reservations@pacificresort.com	\$42.50	\$85	Wed	6:30pm	N	Y	3h	5	50									X	
Y		Punarei Cultural Tours	www.islandhoppervacations.com	punareitour@gmail.com	\$40	\$80	Mon, Wed, Fri	9:00am	Y	Y	3h	5	26							X			
Y		Ru's Lagoon Cruise (Glass Bottom)	www.accommodationaitutaki.com	nora@ootuvillas.co.ck	\$60	\$120	Mon - Sat	10:00am	Y	Y	5h	4	10			X	X						
Y		Tamanu Beach Resort	www.tamanubeach.com	reservations@tamanubeach.com	\$37.50	\$75	Thu	6:30pm	N	Y	3h		80									X	
		Teking Lagoon Tours	www.tekingtours.com	tekingcruise@gmail.com	\$95	\$125	Mon - Sat	9:30am	Y	Y	6h	8	20			X	X						
Y		The Vaka Cruise	www.thevakacruise.com	taa.maoate@paradiseislands.co.ck	\$63	\$125	Mon - Sat	10:00am	Y	Y	6h	20	36			X	X						
		Wet-n-Wild Aitutaki	www.wetnwild-aitutaki.com	wetnwild@oyster.net.ck		\$45	Daily	10:00am	Y	Y	3h-6h	2	10	X	X	X	X						
ATIU																							
		Eco Tour with Birdman George	Birdman George +682 33623	bmateariki@gmail.com		\$50	Tue, Thu, Fri, Sun	1pm	Y	Y	4h	2	8								X		
		Atiu Punarea Culture and Hunting Tour	Joshua +682 52222	punareaatiutour@gmail.com		\$60	Tue - Sat	3pm	Y	N	2h	2	8							X			
		Anatakitaki Cave Tour with Ben	Ben	mareta.atetu@cookislands.gov.ck		\$40	Tue, Thu, Sat	9:00pm	Y	N	4h	2	10								X		
		Atiu Discovery Tour with Timau		mareta.atetu@cookislands.gov.ck		\$50	Tue, Thu	2pm	Y	Y	3h	2	10								X		
		Tumunu Tour with Peckham		mareta.atetu@cookislands.gov.ck		\$25	Mon - Sat	6:00pm	Y	Y	3h	2	10									X	
		Reef Fishing with Andrew	Andrew +682 33825	mareta.atetu@cookislands.gov.ck		\$35	Mon - Sat	By Request	N	N	3h	2	2		X								