

THE GREAT TRAIL of CANADA



BRITISH COLUMBIA

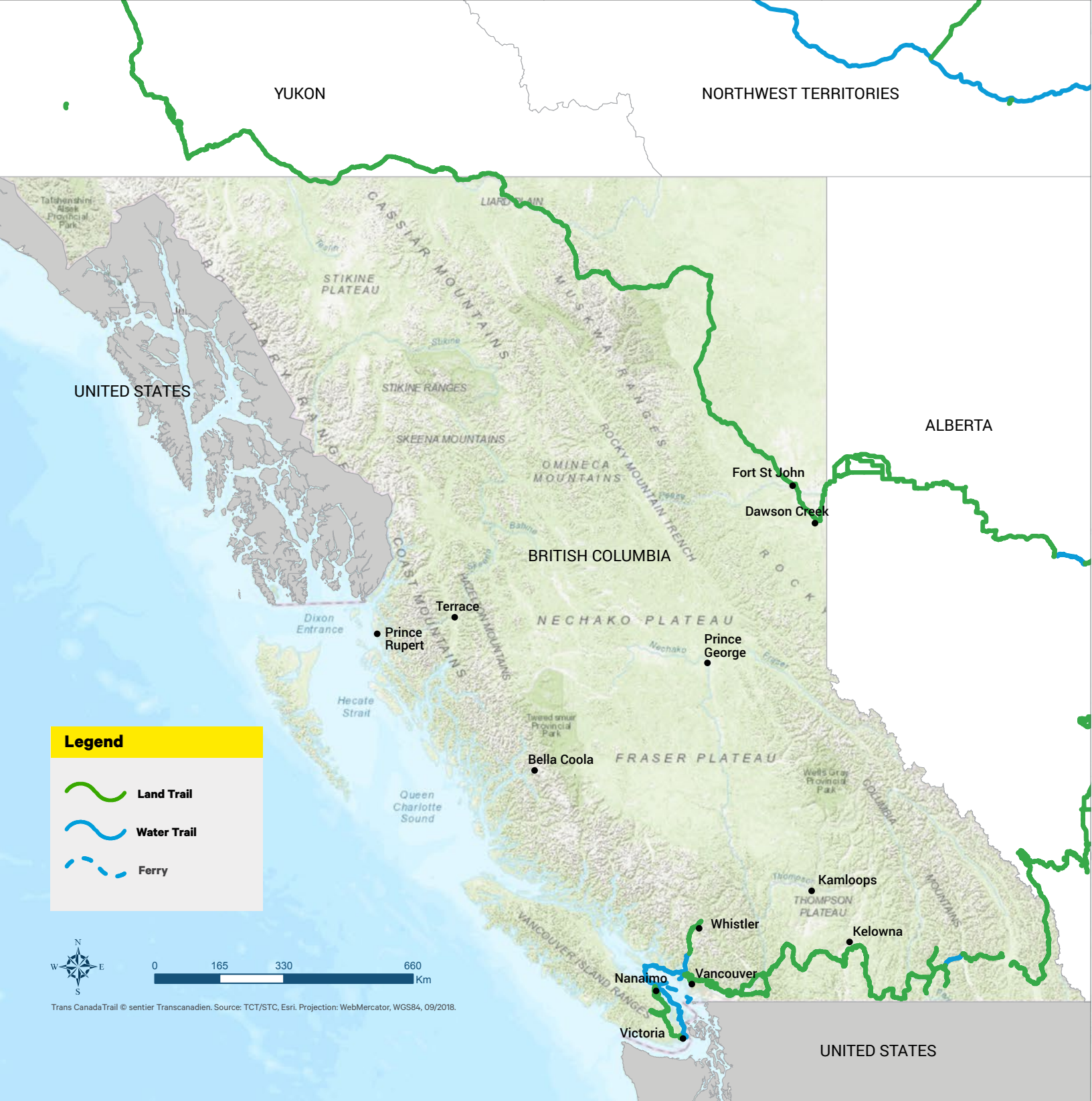


The Great Trail in British Columbia

From coastal waters to majestic mountains, beautiful British Columbia astounds visitors with a dazzling display of all that nature has to offer. Not only does the province boast extensive land-based sections of The Great Trail, it is also home to beautiful waterways for canoeists and kayakers.

Discover the rich Indigenous heritage of Canada's westernmost province along the Chief Isadore Trail in Cranbrook and the Spirit Trail in North Vancouver. Put your

padding skills to the test on the Salish Sea Marine Trail, which links the City of West Vancouver to Victoria. Enjoy the energy of Victoria's waterfront and admire the beauty of the province's capital. No matter where your interests lie, the map and experiences in this guide will inspire an adventure to remember!



Facts about The Great Trail in British Columbia

- The Great Trail stretches almost **3,000 kilometres** across British Columbia, and comprises land-based trails and waterways.
- **The influence of Indigenous people** in B.C. is palpable on The Great Trail. Striking carvings and poles can be found on the Spirit Trail on Squamish Territory in North Vancouver and the Cowichan Valley Trail on Malahat Territory on Vancouver Island.
- Measuring **304 metres** (1,000 feet), the Columbia River Skywalk in the City of Trail is **one of the longest pedestrian suspension bridges in North America.**
- From Victoria, Trail enthusiasts can choose to hike or cycle a network of land-based Trail sections to Nanaimo, or paddle the **Salish Sea Marine Trail** all the way to Horseshoe Bay on the Lower Mainland.
- Experience the breathtaking views and historic tunnels and trestles along the **Kettle Valley Railway** in **Myra-Bellevue Provincial Park.**
- At **187 metres** in length and standing 44 metres above the Koksilah River, **the Kinsol Trestle is one of the tallest and most spectacular timber rail trestles in the world!**

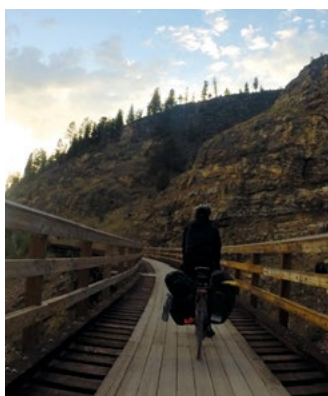


Trail sections to explore in British Columbia

B.C. Rockies
1. Boivin Creek Trail
2. Elk Valley Community Trail
Fernie
3. City of Fernie
East Kootenays
4. Chief Isadore Trail
5. City of Cranbrook
6. NorthStar Rails 2 Trails
Kimberley
7. City of Kimberley
Crawford Bay
8. Crawford Bay Trail
Balfour
9. West Arm Provincial Paddle Route
Nelson
10. City of Nelson
11. Great Northern Rail Trail
12. Morning Mountain
13. Slocan Valley Rail Trail
14. Castlegar Trails
Trail
15. City of Trail
Kettle Valley
16. Kettle Valley Rail Trail
17. Myra-Bellevue Provincial Park
Penticton
18. City of Penticton
Princeton
19. City of Princeton
Hope
20. Hope Trails
21. Silverhope Creek Trail
Chilliwack
22. Chilliwack River Valley Trail
23. Vedder North Dyke Trail
24. Cultus Lake Trail
Fraser Valley
25. Abbotsford Discovery Trail
26. Township of Langley
27. Ridge Meadows Trail
28. Pitt River Regional Greenway
29. Tri-Cities
Burnaby
30. City of Burnaby
Greater Vancouver
31. City of Vancouver
32. Spirit Trail, North Vancouver
33. City of West Vancouver
34. Sea to Sky Marine Trail
35. Salish Sea Marine Trail
Squamish
36. Sea to Sky Trail
Capital Region
37. City of Victoria
38. Galloping Goose Regional Trail
39. Sooke Hills Wilderness Regional Trail
Cowichan Valley
40. Cowichan Valley Trail
Nanaimo
41. Regional District of Nanaimo
42. City of Nanaimo
Northern B.C.
43. Dawson Creek Trail

Photos (clockwise from top left):

Cycling on the Trail in Vancouver © Kalen Emsley / Darren Yelton, carver from the Squamish Nation, on the Trail in North Vancouver © Kalen Emsley / Sea to Sky Panorama Ridge © Cedric and Magee / Myra Canyon Trestles, Kettle Valley Rail Trail, Kelowna © Halli Welsh / Chilliwack Lake © Bruce Obee



Unforgettable experiences in British Columbia

THE CHIEF ISADORE TRAIL...ON TWO WHEELS

Connecting the communities of Cranbrook and Wardner, the **Chief Isadore Trail** takes its name from the Ktunaxa Chief who brokered peace with incoming settlers. Today, it is a haven for cyclists of all levels who wish to experience the beauty and history of the B.C. interior.

For a short ride, begin at the **Isadore Canyon trailhead** and take the **Rampart Rest Area Loop**, following the Trail as you take in views of the Steeples and the Rockies. This seven-kilometre path connects to a rest area, which then leads to the main **Chief Isadore Trail** in an easy six-kilometre loop.

DISCOVERING VICTORIA WITH YOUR DOG

With numerous attractions and dog-friendly amenities along the Victoria waterfront, B.C.'s capital is a wonderland for curious canines and their owners. Enjoy the beautiful ocean views at **Clover Point dog park** and discover Victoria's 39 metre carved Story Pole, the **Mile Zero Monument** commemorating Terry Fox's cross-Canada run and Unity Wall Mural along the **Ogden Point Pier**. If you keep following the Trail, you'll reach the iconic Fairmont Empress Hotel and the stunning BC Legislature.

For this journey in B.C.'s capital, we recommend bringing along snacks, water and a portable bowl for you and your pet.

Plan your journey

For more information on experiencing the Trail in British Columbia, visit www.thegreattrail.ca/journeys

Preparation is key

The above map should be used as inspiration for Trail adventures only. We strongly encourage you to research the sections you wish to explore in advance. For up-to-date information on current Trail conditions, permitted uses and other tips, please contact the local Trail partner or visit our online map: www.thegreattrail.ca/explore-the-map

Note: Some Trail sections are on roadway. Users should proceed with caution and follow all appropriate rules of the road.

Looking for insider advice?

Check out www.hellobc.com for information about accommodations, things to do and other expert tips.

On the move?

Download The Great Trail App – Powered by KEEN



Discover Trail maps, be inspired by our stories and see how you can support the Trail on our website: www.thegreattrail.ca

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